

Love Don't Run

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Craig Bennett (UK) & Shaz Walton (UK) - July 2011
音乐: Love Don't Run - Steve Holy



8 count intro

Side. Rock Recover. Turn 1/8th. Step. ½ Step. Step ½ ½ Run Back, Back.

- 1-2& Step left to left side. Rock right behind left. Recover left.
3 Step right forward making 1/8th turn right (1 o'clock)
4&5 Step forward left. Pivot ½ turn right. Step forward left. (7 o'clock)
6&7 Step forward right. Pivot ½ turn left. Make ½ turn left stepping back right. (Weight right) (7 o'clock)
8& Run back left - right.

Step/Sweep. Sailor ¼ /Sway. Sway. Sway. Cross/Sweep. Cross. Side. Behind. Hitch. ¼ Kick. Step.

- 1 Step left beside right as you sweep right foot from front to back.
2&3 Cross right behind left. Step left to left as you straighten up to 6 o'clock. Step right to right as you sway to the right.
4&5 Sway to the left. Sway to the right. Cross left over right as you sweep the right from back to front.
6&7 Cross step right over left. Step left to left side. Cross step right behind left (angle your body to right diagonal)
8&1 Still at the diagonal hitch left up (bend right knee). Make just over ¼ left as you kick left forward (lean back slightly). Step left forward. (3 o'clock) ***

Step. ½ Step. ½ ¼ Cross. Lunge. Recover. Cross. Unwind. Side.

- 2&3 Step forward right. Pivot ½ turn left. Step forward right.
4&5 Make ½ turn right stepping back left. Make ¼ turn right stepping right to right side. Cross step left over right (6 o'clock)
6-7 Lunge right to right side. Recover on left.
8&1 Cross step right over left. Unwind a full turn left (finish with weight on left) Step right to right side.

Sweep/ Sailor ½ Cross. Side. Cross. ¼ ½ Rock. Recover. Forward/Prep. Spiral Left.

- 2&3 While sweeping left from front to back- cross step left behind right making ¼ left. Make ¼ left stepping right to right side. Cross step left over right.
&4 Step right to right. Cross step left over right.
5-6 Make ¼ right stepping right forward. Make ½ right stepping back left.
7&8 Rock back on the right. Recover on the left. Step forward right. (Prep)
& On the ball of the right foot, spiral a full turn left. (9 o'clock)

HOLD: On Walls 1 & 2 there will a 2 count hold at the very end of the dance after the spiral. Just touch the left foot forward ready to go into the dance again.

RESTART: ***During Wall 3, after 16 count