

Move A Like

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) - July 2011
音乐: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5 : (Single)



Intro: 32 counts

Rock Back, Walk, Walk, & Side Rock, Step, Swivel 1/4 L, Swivel 1/4 R

1-2 Rock Back on R, Recover on L
3-4 Walk fwd on R, Walk Fwd on L
&5-6 Rock R to Right Side, Recover on L, Step Fwd on R
7-8 Swivel Both Heels Right Turning 1/4 Left, Swivel Both Heels Turning 1/4 Right (weight on R)

Pivot 1/4 Turn R, Cross Shuffle, Side, 1/4 L, 1/4 L Chasse

1-2 Step Fwd on L, Pivot 1/4 Turn R (3:00)
3&4 Cross L Over R, Step R to Right Side, Cross L Over R
5-6 Step R to Right Side, 1/4 Turn Left Step L to Left Side (12:00)
7&8 1/4 Turn Left Step R to Right Side, Step L Next to R, Step R to Right Side (9:00)

Rock Back, & Side, Touch, Knee Pop, Chasse, Rock Back

1-2 Rock Back on L, Recover on R
&3-4 Step L to Left Side, Touch R Next to L, Step Weight on R Pop L Knee Across R
5&6 Step L to Left Side, Step R Next to L, Step L to Left Side
7-8 Rock Back on R, Recover on L

Vine 1/4 Turn R, Pivot 1/2 R, Step, Full Turn L

1-2-3 Step R to Right Side, Step L Behind R, 1/4 Turn Right Step Fwd on R (12:00)
4-5-6 Step Fwd on L, Pivot 1/2 Turn Right, Step Fwd on L (6:00)
7-8 1/2 Turn Left Step Back on R, 1/2 Turn Left Step Fwd on L (Option: 2 walks fwd R,L)

1/4 L Side, Hold, Knee In/Out, Kick & Point, Kick & Point

1-2 1/4 Turn Left Step R to Right Side, Hold (3:00)
3-4 Turn L Knee In Towards R, Turn L Knee Out Taking Weight
5&6 Kick R Fwd, Cross R Over L, Point L to Left Side (travel fwd on these steps)
7&8 Kick L Fwd, Cross L Over R, Point R to Right Side (travel fwd on these steps)

Jazz Box, Rock Fwd, Shuffle 1/2 Turn R

1-2 Cross R Over L, Step Back on L
3-4 Step R to Right Side, Step Fwd on L
5-6 Rock Fwd on R, Recover on L
7&8 Shuffle 1/2 Turn Right Stepping R, L, R (9:00)

1/4 Turn R Step Side, Hold, & Side Touch, 1/4 Turn L Step Side, Hold, & Side Touch

1-2 1/4 Turn Right Step L to Left Side, Hold (12:00)
&3-4 Step R Next to L, Step L to Left Side, Touch R Next to L
5-6 1/4 Turn Left Step R to Right Side, Hold (9:00)
&7-8 Step L Next to R, Step R to Right Side, Touch L Next to R

Vine 1/4 Turn L, Pivot 1/2 L, Step, Shuffle 1/2 Turn R

1-2-3 Step L to Left Side, Step R Behind L, 1/4 Turn Left Step Fwd on L (6:00)
4-5-6 Step Fwd on R, Pivot 1/2 Turn Left, Step Fwd on R (12:00)
7&8 Shuffle 1/2 Turn Right Stepping L, R, L (6:00)

Tag: After Wall 5 (6:00) Rocking Chair

1-4 Rock Back on R, Recover on L, Rock Fwd on R, Recover on L

Note: Feel free to add some "(Mick) Jagger Moves" on 3rd & 7th section
