

Almost Perfect

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bonnie Mathews (USA) - June 2019
音乐: F**kin' Perfect - P!nk



Intro: 32 counts - This is a floor split for Guyton Mundy's dance, PERFECT.

ROCK FRONT, RECOVER, TRIPLE BACK, ROCK BACK, RECOVER, TRIPLE FORWARD

1-2 Rock L forward, recover weight back to R
3&4 Step back L, step back R, step back L
5-6 Rock R back, recover weight forward to L
7&8 Step forward R, step L behind R, step forward R

ROCK SIDE, RECOVER, BEHIND, ¼ TURN, STEP, ROCK FORWARD, RECOVER, COASTER

1-2 Rock L to left side, recover weight to R
3&4 Step L behind R, turn ¼ right stepping R forward, step L forward (3:00)
5-6 Rock R forward, recover weight back onto L
7&8 Step R back, step L back next to R, step R forward

CROSS, BACK, TRIPLE TO THE SIDE, CROSS, BACK, TRIPLE TO THE SIDE

1-2 Cross L over R, step back R
3&4 Step L to left side, step R next to L, step L to left side
5-6 Cross R over L, step back L
7&8 Step R to right side, step L next to R, step R to right side

ROCK FORWARD, RECOVER, SAILOR, WALK FORWARD 2X, TRIPLE FORWARD

1-2 Rock L forward, recover weight back to R
3&4 Step L behind right, step R next to left, step L to left side
5-6 Step forward R, step forward L
7&8 Step forward R, step L behind R, step forward R

TAG: ROCKING CHAIR –Done first 2 times on back wall—end of walls 2 & 6

1-4 Rock L forward , recover back R, Rock L back, recover forward R

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