

# Triple Play

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Sue Ann Ehmann (USA) - June 2011  
音乐: DJ Got Us Fallin' In Love (feat. Pitbull) - Usher : (Single)



Written especially to introduce “triple” steps to the beginner dancer. Works with a variety of music genres.

Choreographer’s note: I choreographed this dance to the Usher track but it works equally well with these other songs. Some are slower, some are faster. Hopefully there is something here for everyone’s pleasure – or try it to another song you like.

## Music:

Pop: DJ Got Us Fallin' In Love by Usher ft. Pitbull (Single) [bpm: 120]

Country: Love Done Gone by Billy Currington [bpm: 127]

Moo La Moo by Steve Azar [bpm: 121]

Shag/Blues: Go On by Delbert McClinton [bpm: 122]

Intro: All tracks begin on lyrics

## [1-8] TRIPLE RIGHT, ROCK, RECOVER, TRIPLE LEFT, ROCK, RECOVER

1&2            Step right to side, step left beside right, step right to side  
3-4            Rock left back, recover on right  
5&6            Step left to side, step right beside left, step left to side  
7-8            Rock right back, recover on left

## [9-16] DIAGONAL STEP TOUCHES (FORWARD AND BACK) – THE “K” STEP

1-2            Step right to forward diagonal, touch left beside right  
3-4            Step left to back diagonal, touch right beside left  
5-6            Step right to back diagonal, touch left beside right  
7-8            Step left to forward diagonal, touch right beside left

Options: Put hands in the air; or clap with the touches; dance it!

## [17-24] TRIPLE FORWARD, ROCK, RECOVER, TRIPLE BACK, ROCK, RECOVER

1&2            Step right forward, step left beside right, step right forward  
3-4            Rock left forward, recover on right  
5&6            Step left back, step right beside left, step left back  
7-8            Rock right back, recover on left

## [25-32] VINE RIGHT, TOUCH, VINE LEFT 1/4 TURN, TOUCH

1-2            Step right to side, step left behind right  
3-4            Step right to side, touch left next to right  
5-6            Step left to side, step right behind left  
7-8            Turn 1/4 left stepping left forward, touch right beside left (9:00)

**BEGIN AGAIN!**