

Fly With Me

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Leong Mei Ling (MY) - May 2011
音乐: Fly With Me (Lena's Song) - Leyla Yilbar-Norgren : (from the movie Wie Im
Himmel - As It Is In Heaven - Lena's Song)



STEP LOCK, SHUFFLE, STEP TURN, SHUFFLE

1-2 Step R forward, lock L behind R
3&4 Step R forward, close L beside R, step R forward
5-6 Step L forward, 3/4 turn right step on R
7-8 Step L to side, close R beside, step L to side [9:00]

SWAY R-L, CROSS SHUFFLE, SIDE ROCK, WEAVE

1-2 Transfer weight back to R swaying hips to right, sway to left
3&4 Cross R over L, step ball of L to side, cross R over L
5-6 Rock L to side, recover weight to R
7&8 Step L behind R, step R to side, step L across R

SIDE ROCK, WEAVE, FORWARD ROCK, 1/2 TURN SHUFFLE

1-2 Rock R to side, recover weight to L
3&4 Step R behind L, step L to side, step R slight across L
5-6 Rock L forward, recover weight to R
7&8 1/4 turn left step L to side, close R beside L, 1/4 turn left step L forward [3:00]

1/2 SHUFFLE, SWAYS, COASTER STEP

1&2 1/4 turn left step R to side, step L beside R, 1/4 turn left step R back [9:00]
3-6 1/4 turn left step/sway L to side, sway R, sway L, sway R [6:00]
7&8 Step L back, close R beside L, step L forward

STEP, POINT & POINT, 1/2 MONTEREY, SIDE ROCK

1-2 Step R forward, point L to side
&3 Step L beside R, point R to right
4-6 1/2 turn right step R beside L, point L to left, step L beside R [12:00]
7-8 Rock R to side, recover weight to L

BACK ROCK, 1/2 TURN BACK, BACK ROCK, 1/2 TURN BACK, SWEEP BACK, SIDE

1-3 Rock R back, recover weight to L, 1/2 turn left step R back [6:00]
4-6 Rock L back, recover weight to R, 1/2 turn right step L back [12:00]
7-8 Sweep R front to back stepping behind L, step L to side

SHUFFLE FORWARD, FORWARD ROCK, SHUFFLE BACK, BACK ROCK

1&2 Step R forward, step L beside R, step R forward
3-4 Rock L forward, recover weight to R
5&6 Step L back, close R beside L, step L back
7-8 Rock R back, recover weight to L [12:00]

STEP, STEP, 1/2 TURN SIDE, FORWARD ('U' TURN), ROCK RECOVER BACK, COASTER STEP

1-2 Step R forward, step L forward (preparing to turn)
3-4 1/2 turn right step R to side, step L forward [6:00]
5&6 Rock R forward, recover weight to L, step back R
7&8 Step L back, step R beside L, step L forward

TAG after Wall 2 and Wall 4

- 1-4 Step R, R knee bent with most of body's weight on R (left leg extended in a point to left)
Move R arm straight from over head downward right in an arc
- 5-8 Transfer weight to L, L knee bent with most of body's weight on L, move L arm straight from
over head downward left in an arc (right leg extended in a point to right)
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