

# Live Life, Love And Learn

拍数: 64      墙数: 4      级数: Beginner (funny)  
编舞者: Sebastiaan Holtland (NL) - July 2011  
音乐: Because We Do - The Ditty Bops : (Album: Summer Rains 2008)



## 32 count intro start on the words "The World" (16 Sec)

### Sec 1: [1-8] Heels Fwd, Back, Hook, Lock Step Fwd, Point

1-2            Step forward on R heel, Step forward on L heel (12:00)  
3-4            Step Rf back, Lf hook up across Rf holding weight onto Rf  
5-7            Step Lf forward, lock Rf behind Lf, step Lf forward weight onto Lf  
8              Point Rf out to right holding weight onto Lf (12:00)

### Sec 2: [9-16] Cross, 1/4 Turn R, Back, Back, Touch, Cross, 1/4 Turn L, Back, Back, Point

1-2            Cross Rf over Lf, turn 1/4 right (3), step Lf back weight onto Lf  
3-4            step Rf back, touch Lf next to Rf  
5-6            Cross Lf over Rf, turn 1/4 left (12), step Rf back weight onto Rf  
7-8            Step Lf back, point Rf out to right holding weight onto Lf (12:00)

### Sec 3: [17-24] Walks Fwd R-L-R, 1/4 Turn R, Lift, Cross Vine R, Sweep

1-3            Stepping Rf forward, stepping Lf forward, step Rf forward weight onto Rf  
4              Turn 1/4 right (3) lift L knee up holding weight onto Rf  
5-7            Cross Lf over Rf, step Rf to the right, step Lf behind Rf  
7-8            Sweep Rf from front to back holding weight onto Lf (3:00)

### Sec 4: [25-32] Behind, Side, Cross Vine L, 1/4 Turn L, Fwd, 1/2 Turn L, Back, Back

1-2            Step Rf behind Lf, step Lf to the left weight onto Lf (3)  
3-6            Cross Rf over Lf, step Lf to the left, step Rf behind Lf, turn 1/4 left (12) step Lf forward weight onto Lf  
7-8            Turn 1/2 left (6) step Rf back, step Lf back weight onto Lf

### Sec 5: [33-40] Heel Strut, Heel Bounce Twice, 1/4 Turn L, Heel Bounce Twice

1-2            Step forward on R heel, step Rf back in place on ball (6) (heel strut)  
3-4            Bounce R heel twice take weight onto Rf  
5-6            Turn 1/4 left (3) step forward on L heel, step Lf back in place on ball (heel strut)  
7-8            Bounce L heel twice take weight onto Lf (3)

### Sec 6: [41-48] Cross Rock / Recover, Side Rock / Recover, Back Rock / Recover, 1/2 Turn L, Back, Back

1-2            Cross rock Rf forward, recover on Lf (3:00)  
3-4            Rock Rf to the right, recover on Lf  
5-6            Rock Rf back, recover on Lf  
7-8            Turn 1/2 left (9) step Rf back, step Lf back weight onto Lf

### Sec 7: [49-56] Point, Fwd, Point, Together (weight change), 2x Kick Ball Step Fwd

1-2            Point Rf out to the right, step Rf forward weight onto Rf (9:00)  
3-4            Point Lf out to left, step Lf together take weight onto Lf \*\*Restart\*\*  
5&6            Kick Rf forward, step Rf back in place on ball, step Lf forward  
7&8            Kick Rf forward, step Rf back in place on ball, step Lf forward (9:00)

Restart here WALL 3 after 52 counts (Facing 3 o'clock)

### Sec 8: [57-64] Hip Bumps R-L-R, Replace Hitch, Cross, 1/4 Turn R, Back, Turn 1/2 L, Side, Together (weight change)

1-2            Step Rf to the right bump R hip to the right side, bump L hip to the left (9)

3-4 Bump R hip to the right side, recover on Lf hitch R knee up holding weight onto Lf  
5-6 Cross Rf over Lf, turn 1/4 right (12) step Lf back weight onto Lf  
7-8 Turn 1/4 right (3) step Rf to the right, step Lf next to Rf take weight onto Lf (3:00)

**Start Again, Enjoy!**

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