

Caught In A Lie

COPPER KNOB
BY STEPHEN METZ

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Carol Cotherman (USA) - June 2011
音乐: You Lie - The Band Perry : (CD: The Band Perry)



Start dance on 3rd syllable of "complicated" in beginning lyrics

Step, Point, Step, Point, Step, ¼ Turn, Cross, Side, Behind, ¼ Turn, Ball

- 1-2-3-4 Step right forward in front of left, point left to side, step left forward in front of right, point right to side
- 5&6-7&8& Step right forward, ¼ turn left, cross right over left, step left to side, step right behind left, ¼ turn left stepping forward on left, right ball step beside left (&) (6:00)

Touch, ¼ Turn (with knee pops), Right Coaster Step, Out, In, Out, Behind, Side, Cross

- 1-2-3&4 Touch left forward with knee pop, ¼ swivel turn right (weight to left and right knee pop), step back on right, step left beside right, step forward on right
- 5&6-7&8 Touch left to side, touch left beside right, touch left to side, step left behind right, step right to side, cross left over right (9:00)

¼ Turn, ¼ Turn, Behind, ¼ Turn, Step, ½ Turn, ½ Turn, ¼ Side Shuffle

- 1-2-3&4 ¼ turn right stepping right forward, ¼ turn right stepping left to side, step right behind left, ¼ turn left stepping forward on left, step right forward, (12:00)
- 5-6-7&8 ½ pivot turn left, ½ turn left stepping back on right, ¼ turn left stepping left to side, step right beside left, step left to side (9:00)

Heel Rock, Recover, Heel Rock, Recover, Right Coaster, Heel Rock, Recover, Heel Rock, Recover, Left Coaster

- 1&2&3&4 Rock right heel across left, recover on left, rock right heel slightly forward at right diagonal, recover on left, step right back, step left beside right, step right forward
- 5&6&7&8 Rock left heel across right, recover on right, rock left heel slightly forward at left diagonal, recover on right, step left back, step right beside left, step left forward

Cross Walk, Cross Walk, Mambo ½ Turn, Ball, Step, Touch, Left Coaster Step

- 1-2-3&4 Step right forward across left, step left forward across right, rock forward on right, recover on left, ½ turn right stepping right forward
- &5-6-7&8 Left ball step, step right forward, touch left ball forward, step left back, step right beside left, step left forward (3:00)

REPEAT

TAG: 8-Count s - Dance at the end of walls 1, 3 & 5.

Rock, Recover, ½ Shuffle Turn, Rock, Recover, ½ Sailor Turn with Stomp

- 1-2-3&4 Rock forward on right, recover on left, ½ turn right stepping right, left, right
- 5-6-7&8 Rock forward on left, recover on right, cross left behind right, turn ½ left and step right together, stomp left