

# Don't Stop

拍数: 32      墙数: 4      级数: Improver  
编舞者: Ron Tate (UK) - June 2011  
音乐: Don't Stop (Thinking About Tomorrow) - Fleetwood Mac : (CD: Greatest Hits)



Count in: 16 beats from heavy beat. (Dance starts just before vocals kick in)

## Jazz Jumps Forward & Back with Holds & Claps, Rock Steps, Kick-Ball-Change

&1-2      Jazz Jump Forward (R) (L), Hold For 1 Count & Clap  
&3-4      Jazz Jump Back (R) (L), Hold For 1 Count & Clap  
5-6      Rock Back (R), Rock Forward (L)  
7&8      Kick (R) Forward, Step (R) Next To (L) & Step Down On (L)

## Side Rocks, Cross Shuffle, 2x ¼ Turns, Cross Shuffle

1-2      Side Rock (R), Side Rock (L)  
3&4      Cross (R) Over (L), Step (L) To Side & Cross (R) Over (L)  
5-6      Step (L) To Side Making A ¼ Turn (R), On Ball Of (L) Make A ¼ Turn (R) Stepping (R) To Side  
7&8      Cross (L) Over (R), Step (R) To Side & Cross (L) Over (R)

## Side Rocks, Sailor ¼ Turn, Step-Pivot-Turn, Shuffle

1-2      Side Rock (R), Side Rock (L)  
3&4      Sailor ¼ Turn (R) Stepping (R L R)  
5-6      Step Forward (L), Pivot ½ Turn (R)  
7&8      Shuffle Forward (L R L)

## 2x ½ Turns (or) 2x Walks Forward, Shuffle, Rock Steps, Coaster

1-2      Step Forward (R), Pivot ½ Turn (L), On Ball Of (R) Pivot ½ Turn (L) Stepping Forward (L)

## NB. Easier Alternative: 1-2 Walk Forward (L), Walk Forward (R)

3&4      Shuffle Forward (R L R)  
5-6      Rock Forward (L), Rock Back (R)  
7&8      Step Back (L), Step (R) Next To (L) & Step Forward (L)

REPEAT STEPS

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