

Upside Down Baby

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Sue Marshall (UK) - June 2011
音乐: Upside Down - Paloma Faith



Intro - 32 Counts, On Vocals.

Alternative Music - Stuck Like Glue By Sugarland.

STEP RIGHT, TOUCH LEFT TOE IN-OUT-IN, STEP LEFT, TOUCH RIGHT TOE IN-OUT-IN

1 Step R to right side
2,3 Touch L next to R, touch L out to left side,
4 Touch L next to R
5 Step L to left side
6,7 Touch R next to L, touch R out to right side
8 Touch R next to L

SIDE - TOGETHER-ACROSS x 2 (SCISSOR STEPS)

1,2 Step R to right side, step L next to R
3,4 Step R across front of L, HOLD/CLAP
5,6 Step L to left side, step R next to L
7,8 Step L across front of R, HOLD/CLAP

RIGHT MAMBO FORWARD, LEFT MAMBO BACK

1,2 Rock forward onto R, recover back onto L
3,4 Step R next to L, HOLD
5,6 Rock back onto L, recover forward onto R
7,8 Step L next to R, HOLD

MONTEREY ¼ TURN RIGHT, 4 x STEPS TURNING HALF TURN LEFT

1 Point R toe to right side
2 On ball of L foot swivel 1/4 turn right stepping R beside L (3 o'clock)
3,4 Touch L to left side, step L beside R
5,6,7,8 4 x small steps R,L,R,L on-the-spot, turning ½ turn left starting with knees bent and gradually straightening up (9 o'clock)

Split Floor - Alternative Steps For Ab Beginners

5,6,7,8 4 X Stomps On-The-Spot R,L,R,L, (No Turn)

All dancers will be facing the same way every alternate wall

START AGAIN and smile!
