

Writing's on the Wall

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: James "JP" Potter (USA) & Rob Glover (USA) - June 2011
音乐: Superstition - Trondheim Storband : (Album: Live 07)



16 count intro (Starts before vocals)

BACK, BACK, TWIST TWIST, BACK, COASTER 1/4 CROSS, & CROSS, SIDE

1,2 Step Left foot back; Step Right foot back
&3 & Swivel both heels forward; Return heels to center with weight on right foot
4 Step Left foot back
5&6 Step Right foot back; & Step Left foot next to right foot; Making 1/4 turn right, step Right foot across (in front of) left foot (end facing 3:00)
&7 & Step ball of Left foot to left side; Step Right foot across (in front of) left foot
8 Step Left foot to left side

TUCK, UNWIND, CROSS BACK OUT, KNEE 1/4 ROLL, TOUCH TOUCH SIDE

1 Touch Right toe behind left heel
2 Unwind 3/4 turn right with weight on Right foot (end facing 12:00)
3&4 Step Left foot across (in front of) right; & Step Right foot back; Step Left foot to left side
5,6 Break Left knee in; Making 1/4 turn left, roll left knee out (end facing 9:00)
7&8 Touch Left foot to left side; & Touch Left foot next to right foot; Step Left foot to left side

TOUCH, SLIDE, COASTER DIAGONAL, HIP BUMP SIT, & TWIST & TWIST

1,2 Touch Right foot behind left; Step Right foot (large step) to right side
3&4 Making 1/8 turn left (facing 7:30 diagonal), step Left foot back; & Step Right foot next to left foot; Step Left foot forward (on 7:30 diagonal)
5&6 Making 1/8 turn left (facing 6:00), lift Right hip; & Bump hips to Left; Step Right foot to right side, sitting into right hip
&7&8 & Swivel both heels left; Swivel both heels right; & Swivel both heels left; Return heels to center with weight on right foot

SIDE, BACK ROCK, SIDE, CROSS, SYNCOPATED HEEL GRINDS WITH QUARTER TURN

1,2& Step Left foot to left side; Rock Right foot behind left; & Recover to Left foot in place
3,4 Step Right foot to right side; Step Left foot across (in front of) right foot
5,6 Grind Right heel to right forward diagonal; Step Left foot in place
&7 & Step Right foot behind left foot; Make 1/4 turn left and Grind Left heel forward (facing 3:00)
&8 & Step Right foot in place; Touch Left foot next to right foot

Begin Again and Have Fun!!!

This step sheet may be freely copied intact; however, modifications to this step sheet may not be made without the permission of the choreographers.

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