

Here I Am (aka Night Fever)

COPPERKNOB
STEPSHEETS

拍数: 120 墙数: 1 级数: Phrased Beginner
编舞者: Richard Rogers (USA) - November 2019
音乐: Night Fever - Adam Garcia : (CD: Saturday Night Fever, Original London Cast Recording)



This dance was written especially for those dancers who have difficulty with turns and crossing steps, but who still want a variety of patterns.

Sequence: A, B, A, C, A, B, A to end.

Start dancing on first "Night Fever", 64 counts from beginning of song.

SECTION A (32 Counts, beginning with "Night Fever")

DIAGONAL STEP TOUCH ("K" STEP)

- 1-2 Step right foot to right front diagonal, touch left foot beside right (clap)
- 3-4 Step left foot to left back diagonal, touch right foot beside left (clap)
- 5-6 Step right foot to right back diagonal, touch left foot beside right (clap)
- 7-8 Step left foot to left front diagonal, touch right foot beside left (clap)

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH (BASIC RIGHT, BASIC LEFT)

- 1-2 Step right foot to right side, step together with left foot
- 3-4 Step right foot to right side, touch left foot beside right
- 5-6 Step left foot to left side, step together with right foot
- 7-8 Step left foot to left side, touch right foot beside left

Option: Above 8 counts can be done as vine right and vine left or a rolling vine

REPEAT ABOVE 16 COUNTS

SECTION B (32 Counts, beginning with "Here I Am")

WALK FORWARD W/KICK, WALK BACK W/TOUCH

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, kick left forward
- 5-6 Step left back, step right back
- 7-8 Step left back, touch right together

WALK FORWARD W/KICK, WALK BACK W/TOUCH

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, kick left forward
- 5-6 Step left back, step right back
- 7-8 Step left back, touch right together

TOE STRUTS FORWARD

- 1-2 Step forward with right onto ball, lower right heel
- 3-4 Step forward with left onto ball, lower left heel
- 5-8 Repeat 1-4

TOE STRUTS BACK

- 1-2 Step right back onto ball, lower right heel
- 3-4 Step left back onto ball, lower left heel
- 5-8 Repeat 1-4

SECTION C (56 Counts, beginning with "The Heat Of Our Love")

FORWARD SHUFFLE 4 TIMES

- 1&2 Chasse' forward right, left, right
- 3&4 Chasse' forward left, right, left
- 5&6 Chasse' forward right, left, right
- 7&8 Chasse' forward left, right, left

WALK BACK 4 STEPS, TOUCH-STEP X2

- 1-2 Step right foot back, step left foot back
- 3-4 Step right foot back, step left foot back
- 5-6 Point/touch right to right side, step right together
- 7-8 Point/touch left to left side, step left together

REPEAT ABOVE 16 COUNTS

FORWARD DIAGONAL STEP, SLIDE, STEP (RIGHT AND LEFT)

- 1-2 Step right foot forward to right diagonal, slide left foot together
- 3-4 Step right foot forward to right diagonal, brush/scuff left foot forward
- 5-6 Step left foot forward to left diagonal, slide right foot together
- 7-8 Step left foot forward to left diagonal, touch right foot beside left

Option: Above 8 counts can be done as a lock step

STEP TOUCH GOING BACKWARD X4

- 1-2 Step right foot to right back diagonal, touch left foot beside right (clap)
- 3-4 Step left foot to left back diagonal, touch right foot beside left (clap)
- 5-8 Repeat 1-4

SIDE ROCK, RECOVER, STEP, STEP; TWICE

- 1-2 Rock to the right with right foot, recover to left
 - 3-4 Step right together, step left in place
 - 5-8 Repeat 1-4
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