

# Dancing Horse (Il Ballo del Cavallo)

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 32      墙数: 1      级数: Beginner  
编舞者: Russell Breslauer (USA) - June 2011  
音乐: Il Ballo del Cavallo - Alberto Selly  
或: Il ballo del cavallo - Sabrina Musiani



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## STEPS LEFT SLIDES RIGHT

- 1 - 4      Turning body left (9:00) and moving left step (LRL then lift R) while arms make riding motion.  
5 - 8      Turning body front (12:00) and moving right step R to right side and slide L next to right, step R to right side and slide and lift (hitch) L next to right while right arm is raised making a lasso motion

## FORWARD AND BACK

- 1 - 4      Step forward (LRL) then lift (and paw like a horse) R while arms are throwing the lasso.  
5 - 8      Step back (RLR) then lift (and paw like a horse) L while arms are taking up the lasso.

## TURNING VINES TO THE LEFT THEN TO THE RIGHT

- 1 - 4      Step L turning  $\frac{1}{2}$  then R turning  $\frac{1}{4}$  then L turning  $\frac{1}{4}$  all counterclockwise lift R  
5 - 8      Step R turning  $\frac{1}{2}$  then L turning  $\frac{1}{4}$  then R turning  $\frac{1}{4}$  all clockwise lift left

## ROLL HIPS TO THE RIGHT THEN BEND AND STRAIGHTEN KNEES TWICE

- 1 - 4      Staying in place, roll your hips to the right (clockwise) for 4 counts  
5 - 8      Bend and straighten knees twice while arms make a riding motion.

## REPEAT

Contact: [BreslauerDanceSF@yahoo.com](mailto:BreslauerDanceSF@yahoo.com)

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