Let Me Be Your Midnight Sun



拍数: 48 墙数: 4 级数: Improver

编舞者: Sebastiaan Holtland (NL) - June 2011

音乐: Midnight Sun (Extended Mix) - Elena: (2011)



16 count intro (07 Sec)

Sec 1: 1-8 Heel Dig R, Diag Hip Bumps Fwd, Back Out, Out, Hitch, Point, 1/4 Turn R, Hook, Lock Step Fwd

1&2 Push R heel forward (Toe up) bump hips forward, bump hips back, bump hips forward

(12:00)

(Optional: With Shoulder movements)

&3-4 Step Rf out to right slightly back, step Lf out to left slightly back (small jump back), Hitch R

knee up

5-6 Point Rf out to right, turn 1/4 right (3) Rf hook up across Lf holding weight onto Lf

7&8 Turn 1/4 right (6) step Rf forward, lock Lf behind Rf, step Rf forward weight onto Rf (Lock

step fwd 1/4 turn R)

Sec 2: 9-16 Fwd Rock / Recover, 1/4 Turn L, Fwd, Fwd, Sailor Fwd, Prep, Hold

1-2 Rock Lf forward, recover on Rf (6:00)

3-4 Turn 1/4 left (3) step Lf forward, step Rf forward weight onto Rf

5&6 Step Lf behind Rf, step Rf to the right side, step Lf forward weight onto Lf (sailor fwd)

7-8 Rf prep forward on ball holding weight onto Rf, HOLD (3) **Tag**

TAG / Restart Here WALLS 3 / 7 after 16 counts, 1st tag ending (facing 6 o'clock) - 2nd tag ending (Facing 9 o'clock)

Sec 3: 17-24 R Heel Fan, Kick & Point Fwd, Heel Twists, Kick & Point

1-2 R heel swings out pivoting on the ball of the foot, back to centre (R Heel Fan) (3:00) 3&4 Kick Rf forward, step Rf back in place, point Lf forward holding weight onto Rf

5-6 Twist both heels left. Twist both heels back to centre (weight on right)

7&8 Kick Lf forward, step Lf back in place, point Rf out to right holding weight onto Lf (3)

Sec 4: 25-32 Fwd Rock / Recover, 1/2 Turn R, Fwd, Point Fwd, Hip Lift, Down, Hold, 1/2 Quick Turn R, Heel Up

1-2 Rock Rf forward, recover on Lf (3:00)

3-4 Turn 1/2 right (9) step forward on Rf, point Lf forward

5-7 Push hips forward while you stretch your left leg, recover on both feet and dip your body

down, HOLD

8 Turn quick 1/2 right (3) twist R heel up to left holding weight onto Lf **Restart**

Restart Here WALL 9 after 32 count (Facing 9'clock)

Sec 5: 33-40 1/4 Turn R, Fwd, Side, Behind, L Point, Crossvine Right, Heel Flick

1-2 Turn 1/4 right (6) step Rf forward, step Lf to the left weight onto Lf
3-4 Step Rf behind Lf, point Lf out to the left holding weight onto Rf
5-7 Cross Lf over Rf, step Rf to the right side, step Lf behind Rf

8 Flick R heel up weight onto Lf (6:00)

Sec 6: 41-48 Cross, 1/4 Turn R, Back, Back, Hook, Replace, Diag Step Fwd, Sailor Fwd

1-2 Cross Rf over Lf, turn 1/4 right (9) step Lf back weight onto Lf

3-4 Step Rf back weight onto Rf, Lf hook up across Rf holding weight onto Rf

5-6 Step Lf slightly forward back in place, step Rf diagonal forward

7&8 Step Lf behind Rf, step Rf to the right side, step Lf forward weight onto Lf (9:00) (sailor fwd)

TAG: R Heel Fan, Inside Heel Grind 1/4 Turn L, Lift

1-2 R heel swings out pivoting on the ball of the foot, back to centre (R Heel Fan)

3-4 Step Rf back in place on heel and grind R heel 1/4 left inside (toes from front to left), Lift R

knee up holding weight onto Lf

Start Again, Enjoy!

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