

Something I Won't Regret

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jo Huntington (USA) & Charlotte Atinsky (USA) - June 2011
音乐: Something I Won't Regret - Courtney Darwin : (Album: Born To Love)



Begin after 32 counts from the beginning of the music

Section 1: R sweep over L, step R. On the R diagonal - L back, R recover, L press forward, R back, L back, R back.

1, 2 Sweep R over L, step R down across left
3, 4, 5 (Facing R diagonal, 1:30) L rock back, R recover, L press forward
6, 7, 8 R step back, L step back, R step back

Section 2: (Straighten to 12:00) Rock L, Recover R, Rock L across R, Recover R, Vine ¼ touch

1,2,3,4 (Straighten to 12:00) Rock L to L side, Recover R, Rock L Across R, Recover R
5,6,7,8 Step L to L side, Cross R behind L, Turn ¼ L stepping L forward, Touch R next to L (9:00)

Section 3: R rocking chair, ½ L, ½ L, Rock R, Recover L

1,2,3,4 Rock R foot forward, recover to L, rock R foot back, recover to L
5,6,7,8 ½ turn L stepping back on R, ½ turn L on stepping back on L, rock R foot forward, recover to L (9:00)

Section 4: Step R, hitch L, rock L, recover R, pivot on L ¼ R, spin with a hitch ¼ R and cross

1,2,3,4 Step R foot forward, hitch L knee, rock L foot to L side, Recover to R foot
5,6,7,8 Step L, pivot R 1/4, (weight R), spin ¼ R on R while hitching L, crossing L over R and stepping with weight on L (3:00)

Restart on Wall 5: Restart after 32 counts on the 5th wall. In place of the ¼ turning hitch, hitch L foot R to the front (12:00) wall.

Step L next to R and restart the dance

Section 5: R kick ball cross, sway R, L, R behind, L side, step R pivot 1/2 L (weight to L)

1&2 Kick R foot to the R diagonal, R ball, cross L over R
3, 4 Step R foot to R side with a R hip sway, sway L
5,6,7,8 Cross R foot behind L, Step L foot to L side, Step R forward, Pivot ½ L (weight goes to L) (9:00)

Ending: The dance ends on the 7th wall after 40 counts. Turn ¼ L to the 12:00 wall and pose for the long count 41

Section 6: ½ box, touch L, L rock forward, recover R, L back, R diagonal kick

1,2,3,4 Step R to R side, step L beside R, Step R forward, touch L beside R
5,6,7,8 L rock forward, recover R, Step L back, kick R to a slight diagonal (10:00)

Section 7: R sweep behind L, L side, R cross, L side rock, R recover, L back ¼ L, touch R

1, 2 Sweep R foot behind L, step down R
3, 4 Step L to L side, cross R over L
5, 6 Rock L to L side, recover to R
7, 8 Step back L ¼ as you turn ¼ L, touch R(6:00)

Section 8: R skate, L skate, cross R, point L, sweep L, step forward L

1,2,3,4 Skate R, Hold, Skate L, Hold
5,6 Cross R over L, point L to L side
7,8 Sweep L forward, step on L

Tags:

There are two identical 4-count tags, one at the end of wall 1 and one at the end of wall 3

***4-count tag: (END OF WALL 1 & 3)**

1,2,3,4 Step R to R side, step L behind R, recover R, step L to L side

There is one 8-count tag at the end of wall 2. (same as 4-count tag plus additional 4 counts)

****8-count tag: (END OF WALL 2)**

1,2,3,4 Step R to R side, step L behind R, recover R, step L to L side

5,6,7,8 Step R behind L, recover L, point R to R side, hold

Music available @ <http://www.reverbNation.com/courtneydarwin>
