

Second Steps

COPPER KNOB
BY PETER LISAMCC

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Lisa McCammon (USA) - June 2011
音乐: Pride & Joy - Scooter Lee



Alternate music: any evenly-phrased track in the 115-125 BPM range.

This entire dance consists of alternating step, touches and teaches a 1/4 R "K" step and the charleston step using touches. Claps are optional on all touches.

32 count intro.

STEP TURNING A ¼ R

1-4 Step R fwd to R diag, touch L next to R, step back L to L diag, touch R next to L (open body to R in preparation for turn)
5-6 Turning 1/4 R [3] step R to side, touch L next to R
7-8 Step L to side, touch R next to L

FWD, TOUCH, 4X

1-4 Step fwd R, touch L next to R, step fwd L, touch R next to L
5-8 Repeat previous 4

BACK, TOUCH 4X

1-4 Step back R, touch L next to R, step back L, touch R next to L
5-8 Repeat previous 4

FWD, TOUCH, BACK, TOUCH (CHARLESTON) 2X

1-2 Step fwd R, touch L fwd
3-4 Step back L, touch R back
5-8 Repeat previous 4, ending weight on L

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