

Hypnotico

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - May 2011
音乐: Hypnotico - Jennifer Lopez : (CD: Love)



Start after 16 count intro.

[1-8] **R & L syncopated side rocks, R weave 2, L sailor

1-2& Rock R side, recover weight on L, step R together
3-4 Rock L side, recover weight on R
5-6 Cross step L over R, step R side
7&8 Cross step L behind R, step R side, step L side

[9-16] R cross kick, R & L side step touches, R side, L kick/heel, ball cross, L side, R behind-side-cross

1&2 Cross kick R over L, step R side, touch L together
&3 Step L side, touch R together
&4 Step R side, kick L to left diagonal (or touch L heel to left diagonal)
&5-6 Step L back, cross step R over L, step L side
7&8 Cross step R behind L, step L side, cross step R over L

[17-24] L side rock & recover, L together, R side, L together, ½ R Monterey, L touch ball cross

1-2& Rock L side, recover weight on R, step L together
3-4 Step R side, step together
5-6 Point R side, turning ½ right step R together (6 o'clock)
7&8 Touch L side, step L back, cross step R over L

BIG ENDING: To end facing front wall simply unwind ½ left during final (9th) wall.

[25-32] L diagonal kick, L & R side touches, L side, R diagonal kick/heel, ball cross, ¼ L toaster

1&2 Kick L to L diagonal, step L side, touch R together
&3 Step R side, touch L together
&4 Step L side, kick R to R diagonal (or touch R heel to right diagonal)
&5-6 Step R back, cross step L over R, step R side
7&8 Turning ¼ left step L back, step R together, step L forward (3 o'clock)

TAG 2: During wall 5 dance first 32 counts which ends facing R side wall (3 o'clock).

The music will stop. Dance the following steps:

1-4 Cross R over L and slowly unwind ½ left to face L side wall (9 o'clock) & begin the dance again.

[33-40] Fwd 2, R & L apart, R back, back 2, L & R apart, L fwd

1-2 Step R forward, step L forward
&3-4 Step R apart, step L apart, step R back
5-6 Step L back, step R back
&7-8 Step L apart, step R apart, step L forward

[41-48] R fwd press, recover, R coaster, ½ R sway turn, R touch together

1-2 Press R forward, recover weight on L
3&4 Step R back, step L together, step R forward
5-8 Sway hips L as you turn ¼ L, sway hips R, sway hips L as you turn ¼ right, touch R together (9 o'clock)

TAG 1: **At the end of Wall 4 dance the first 8 counts of the dance and begin again.

Contact: Tel: 01462 735778 - Website: www.thedancefactoryuk.co.uk
