

Lazy Loser

拍数: 32 墙数: 4 级数: Improver
编舞者: Grant Stanley (SCO) - May 2011
音乐: The Lazy Song - Bruno Mars : (Slower)



OR - Loser Like Me – Glee Cast (Faster)

Right Dorothy Step, Left Dorothy Step, Side, Behind, and Cross, Step

- 1 - 2 & Step Right Forward, Lock Left behind Right, Step Right forward
- 3 - 4 & Step Left Forward, Lock Right behind Left, Step Left forward
- 5 - 6 & Step Right to Right Side, Left behind, Step right to side
- 7 - 8 Cross Left in front of Right, Right to side

Rock Left Back, Left Kick Ball Change, Rock Left Forward, ¼ Sailor Turn Left

- 1 - 2 Rock Left back, Replace on Right
- 3 & 4 Kick Left Forward, Step back on Left, Step Right next to Left
- 5 - 6 Rock Left forward, Replace on Right
- 7 & 8 Sweep Left Round turning quarter turn Left, Step Right then Left

Right Shuffle Forward, Step, ½ Turn, Left Shuffle Forward, Rock Right Forward, Back Left

- 1 & 2 Step Right forward, Step Left next to Right, Step Right forward
- 3 - 4 Step Left Forward, Turn ½ Turn Right,
- 5 & 6 Step Left forward, Step Right next to Left, Step Left forward
- 7 - 8 Rock Right forward, Step back on Left

Right Strut Forward, Left Strut Forward, Right Strut Forward, Left Toe ½ Turn Left

- 1 - 2 Step Right Toe Forward, Drop Heel down
- 3 - 4 Step Left Toe Forward, Drop Heel Down
- 5 - 6 Step Right Toe Forward, Drop Heel Down
- 7 - 8 Touch Left Toe Back, Turn ½ Left, Stepping Left forward

Tag: The Lazy Song – Bruno Mars 2nd Wall

Repeat Last 8 counts for tag

Restart: The Lazy Song – Bruno Mars

Start at end of section 3. Start after Rock forward Right, Step back Left.

No Tags or restarts for Loser Like Me – Glee Cast
