

# Belinda

**COPPER** **NOB**  
STEPSHETS

拍数: 64                      墙数: 2                      级数: Improver  
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音乐: Pretty Belinda - Dr. Victor & The Rasta Rebels



## Nivo 1-2

### Rock step, shuffle, rock back , shuffle

1-2                      R.V rock forw. – recover on L.V  
3&4                      R.V shuffle back  
5-6                      L.V rock back – recover on R.V  
7&8                      L.V shuffle back

### Rolling vine ,r,l

1-4                      R.V rolling vine right / vine to right  
5-8                      L.V rolling vine left / vine to left

### Kickball change 2x, shuffle 2x

1&2                      R.V kickball change  
3&4                      R.V kickball change  
5&6                      R.V shuffle forw.  
7&8                      L.V shuffle forw.

### Paddle turn ¼ ,2x – hip bumps

1-2                      R.V step forw. ¼ turn left  
3-4                      R.V step forw. ¼ turn left  
5-8                      R.V step right hips r,l,r,l

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### Kickballchange 2x shuffle 2x

1&2                      R.V kickball change  
3&4                      R.V kickball change  
5&6                      R.V shuffle forw,  
7&8                      L.V shuffle forw.

### Rolling vine, right-left

1-4                      R.V rolling vine to right / vine to right  
5-8                      L.V rolling vine to left / vine to left

### ½ turn- walk ,r,l – rock step –coaster step

1-2                      R,V ½ Turn left  
3-4                      R.v walk r-l  
5-6                      R.V rock forw. – recover on L.v  
7&8                      R.V coaster step

### Rock step – ½ shuffle turn – step scuff 2x

1-2                      L.V rock forw.- recover on R.v  
3&4                      L.V ½ turn shuffle left  
5-6                      R.V step forw. – scuff L.V  
7-8                      L.V step forw. – R.V scuff