The Shield

1 - 4

5 - 6

7 – 8

1 - 2

3&4

5 - 6

7&8

1 - 2

3&4

5 - 6

7&8

1&2

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5 - 6

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&1

2 3&4

5 - 6

7 - 8

1 - 2

3&4

5 - 6

7&8



拍数: 64 墙数: 4 级数: Intermediate 编舞者: Karl-Harry Winson (UK) - June 2011 音乐: The Shield and the Sword (Almighty Remix) (Radio Mix) - Clare Maguire: (Album: The Shield and the Sword) Intro: 32 Counts (Start on lead vocals) (S1)Right Jazz box. Forward rock. Full turn Right. Cross Right over Left. Step back on Left. Step Right to Right side. Step Left forward. Rock Right forward. Recover weight back on Left. Make 1/2 Right stepping Right forward. Make 1/2 Right stepping Left back (12.00). Can replace counts 7-8 with two walks back stepping: Right, Left. (S2) Back rock. Forward Shuffle. Forward rock. Back-lock-step. Rock back on Right. Recover weight forward on Left. Step Right forward. Close Left beside Right. Step Right forward. Rock forward on Left. Recover weight back on Right. Step back on Left. Lock Right across Left. Step back on Left (12.00). (S3) Touch unwind. Side rock-cross. Side touch. Left Kick ball-cross. Touch Right toe back. Unwind 1/2 turn Right (transferring weight into Right) (6.00). Rock Left to Left side. Recover weight into Right. Cross Left over Right. Step Right to Right side. Touch Left beside Right. Kick Left to Left diagonal. Step Left beside Right. Cross Right over Left. (S4) Chasse Left. 1/4 Chasse Right. Step forward: Out, Out. Step Back: In, In. Step Left to Left side. Close Right beside Left. Step Left to Left side. Make 1/4 Right stepping Right to Right side. Close Left beside Right. Step Right to Right side (9.00).Step forward and out on Left. Step forward and out on Right. Step back and in on Left. Touch Right beside Left. (S5) Ball-step. Hold. Kick-ball-step. Pivot 1/2 turn. 1/4 Side Step. Back Rock. Step Right beside Left putting weight into Right. Step forward on Left. Kick Right forward. Step Right beside Left. Step forward on Left. Pivot 1/2 turn Right. Make 1/4 Right stepping Left to Left side. Rock Right back. Recover weight forward on Left (6.00). (S6) Side-hold. Sailor 1/4 turn Left. Step Forward. 1/2 Turn Right. Right Coaster Step. Step Right to Right side. Hold. Cross Left behind Right. Step Right beside Left making 1/4 Left. Step Left forward (3.00) Step forward on Right. Make 1/2 turn Right stepping back on Left. Step back on Right. Step Left beside Right. Step forward on Right (9.00).

(S7) Diagonal Step-lock. & Heel Jack. Hold. & Cross-side. Sailor 1/4 turn Left.

1 – 2	Step Left to Left diagonal. Lock Right benind Left.
&3,4	Step Left slightly to Left side. Dig Right heel to Righ

ght Diagonal. Hold. &5,6 Step Right in beside Left. Cross Left over Right. Step Right to Right side.

7&8 Cross Left behind Right. Step Right beside Left making 1/4 turn Left. Step Left forward (6.00).

(S8) Paddle 1/4 turn Left X3. Right Kick ball-step.

1 – 2	Step Right forward. Pivot 1/4 turn Left.
3 – 4	Step Right forward. Pivot 1/4 turn Left.
5 – 6	Step Right forward. Pivot 1/4 turn Left.
7&8	Kick Right forward. Step Right beside Left. Step Left forward (9.00).

Enjoy!

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