

# Nowhere to Slide

拍数: 48      墙数: 4      级数: Intermediate / Advanced  
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音乐: Slid - Fluke



## 32 count intro

### [1-8] chug, rock/recover, step X2

1-2            chug forward on right foot, chug forward on left foot  
3&4           rock back on right, recover on left, step forward on right  
5-6           chug forward on left, chug forward on right  
7&8           rock back on left, recover on right, step forward on left

### [9-16] back rock, recover, kick step lock, unwind 3/4, step, head & shoulders turn, knees turn, ball step

1&2           rock back on right, recover on left, kick right foot forward  
&3-4          step down on right, hook left behind right, unwind 3/4 turn over left shoulder with weight ending on left  
5-6           step forward on right, turn upper body head  
&                shoulders to the left 1/4 turn  
7&8           on balls of both feet make a 1/4 turn to the left following body, bring left to right, step right to right

### [17-24] leg swing forward, 1/4 turn with hitch, kick ball step, heel turns with 1/2 turn, full turn sweep together

1-2           swing left leg crossing body to the right, make a 1/4 turn to the left while hitching left up  
3&4           kick left forward, step together with left, step forward on right  
&5-6          turn left heel in making a 1/4 turn to the left, turn right heel out making a 1/4 turn to the left, hook left behind right  
7-8           make a full turn over left shoulder sweeping right foot around , ending with a touch on right foot together with left

### [25-32] 1/2 turn box glide, 1/4, 1/2 with big step out, heel toe side walk with drag in

1-2           pressing off ball of right foot make a 1/4 turn to the left stepping forward on left, step back on right foot making 1/4 turn to the left  
3&            make a 1/4 turn to the left stepping forward on left, make a 1/4 turn to the left stepping back on right,  
4                make a 1/4 turn to the left taking a big side step out to the left  
&5&6&7&8    walk left foot to the left toe , heel, toe, heel, toe, heel, toe, heel, while dragging right foot into left

### [33-40] side step, rock/recover, scuff, step lock step, side step, hook, 3/4 unwind, side step

1-2&          step right to right side, rock back on left, recover on right  
3&4          scuff left foot forward, step forward on left, lock right behind left,  
&5            step forward on left, step right to right side  
6-7-8        hook left behind right, unwind 3/4 turn over left shoulder with weight ending on left, step right to right

### [41-48] hook, 3/4 unwind, side cross side, 1/4 out out, in in. body shake

1-2           hook left behind right, unwind 3/4 turn over left shoulder with weight ending on left  
3&4          step right to right, cross left over right, step right to right side  
&5            make a 1/4 turn to the left stepping out on left, step out on right, (do not step out with feet too far apart)  
&6            walk feet in together toes, then heels  
7-8          shake body from knees to head like a limp noodle, just play with it for 7-8.

You will hear a drum snare, so just let your body shake from knees to your head for those counts.

Have fun with this one.....And just a note, every turn is to the left. Sorry.

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