

Something To Regret

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Jamie Marshall (USA) - May 2011
音乐: Something I Won't Regret - Courtney Darwin



SECTION I - VINE, ¼ TURN, HITCH, ¼ TURN, VINE, SCUFF

1-4 Step R to R (1), Cross L behind R (2), Turn ¼ R, stepping R forward (3) Hitch L (4)
5-8 Turn ¼ R, stepping L to L (5), Cross R behind L (6), Step L to L (7), Scuff R (8) (6:00)

SECTION II - STEP, TOUCH, TOUCH, TOUCH, ¼ R, POINT, STEP, POINT

1-4 Step R forward (1), Touch L next to R (2), Step L back (3), Touch R next to L (4)
5-8 Turn ¼ R, stepping R to R (5), Point L to L (6), Step L next to R (7), Point R to R (8) (9:00)

SECTION III - JAZZ TRIANGLE, SCUFF, JAZZ TRIANGLE, SCUFF

1-4 Cross R over L (1), Step L back (2), Step R to R (3), Scuff L (4)
5-8 Cross L over R (5), Step R back (6), Step L to L (7), Scuff R (8) (9:00)

SECTION IV - FORWARD LOCK STEP, SCUFF, CHASE TURN, HOLD

1-4 Step R forward (1), Lock L behind R (2), Step R forward (3) Scuff L (4)
5-8 Step L forward (5), Pivot ½ R, stepping R forward (6), Step L forward (7), Hold (8) (3:00)

SECTION V - MAMBO FORWARD, MAMBO BACK

1-4 Rock R forward (1), Recover onto L (2), Step R next to L (3), Hold (4)
5-8 Rock L back (5), Recover onto R (6), Step L next to R (7), Hold (8) (3:00)

SECTION VI - MAMBO R, MAMBO L

1-4 Rock R to R (1), Recover onto L (2), Step R next to L (3), Hold (4)
5-8 Rock L to L (5), Recover onto R (6), Step L next to R (7), Hold (8) (3:00)

SECTION VII - TURNING R VINE, POINT, TURNING L VINE, POINT

1-4 Turn ¼ R, stepping R forward (1), Turn ½ R, stepping L back (2), Turn ¼ R, stepping R to R (3), Point L to L (4)
5-8 Turn ¼ L, stepping L forward (5), Turn ½ L, stepping R back (6), Turn ¼ L, stepping L to L (7), Point R to R (8) (3:00)

SECTION VIII - TOE, HEEL STRUT JAZZ BOX

1-4 Touch R toe over L (1), Drop R heel (2), Touch L toe back (3), Drop L heel (4)
5-8 Touch R toe to R (5), Drop R heel (6), Touch L toe over R (7), Drop L heel (8) (3:00)

PHRASING:

Wall 1: Full Dance adding 4 Count Hold

Wall 2: Full Dance with repeat of Section VIII (Toe, Heel Strut Jazz Box)

Wall 3: Full Dance adding 4 Count Hold

Wall 4: Full Dance

Wall 5: Restart after 32 counts (Chase Turn, Hold)

Dance as choreographed until music ends.

Jamie Marshall - thejamiemarshall@att.net - www.ftwaynedanceforall.com

Music Available for download at: <http://www.reverbNation.com/courtneydarwin>