

Sweet Dreams

COPPER KNOB
BY STEPHEN TSE

拍数: 32 墙数: 2 级数: Ultra Beginner
编舞者: Irene Tang (HK) - June 2011
音乐: Sweet Dreams - Beyoncé



Count In: After 32 counts, start dancing on lyrics

SEC 1: DIAG FWD R SHUFFLE, DIAG FWD L SHUFFLE, WALK AROUND 1/2 R

1&2 Diagonal fwd R shuffle (1:30)
3&4 Diagonal fwd L shuffle (10:30)
5 – 8 Walk around R-L-R-L turning 1/2 R (6:00)

SEC 2: DIAG FWD R SHUFFLE, DIAG FWD L SHUFFLE, WALK AROUND 1/2 R

1&2 Diagonal fwd R shuffle (7:30)
3&4 Diagonal fwd L shuffle (4:30)
5 – 8 Walk around R-L-R-L turning 1/2 R (12:00)

SEC 3: R VINE CROSS, SIDE, TOUCH, SIDE, TOUCH

1 – 4 Step R to R, cross L behind R, step R to R, cross L over R
5 – 8 Step R to R, touch L to diagonal L, step L to L, touch R to diagonal R

SEC 4: SLOW PRISSY WALK R & L, SLOW PIVOT 1/2 TURN

1 – 4 Prissy walk R, hold, prissy walk L, hold
5 – 8 Step R fwd, pivot 1/2 L on R, step L fwd, hold (6:00)

Notes: I use this choreography as the second dance of my introductory course for ultra beginners

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