

An Angel of Love

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Sebastiaan Holtland (NL) - June 2011
音乐: Unchained melody - Bouke : (Album: Sings Elvis And Other Hits 2009)



Intro 4 count (04 Sec)

Sec 1: 1-8 Fwd, Side, Back, Back, Sway, Sway, 1/4 Turn L, Fwd, Behind, Fwd, 1/4 Turn R, Side Rock / Recover

- 1&a2 Step forward on Lf, step Rf to the right, step Lf slightly back, step Rf slightly back (12:00)
3-4 Sway L hip to left, sway R hip to right weight onto Rf
5&a6 Turn 1/4 left (9) step slightly forward on Lf, step slightly forward on Rf, lock Lf behind Rf, step slightly forward on Rf
7-8 Turn 1/4 right (12) rock Lf to the left, recover on Rf weight onto Rf

Sec 2: 9-16 Fwd, Knee Rise, Back, Together, Side Rock / Recover 1/4 Turn R, Fwd, Knee Rise, Back, Together, Side Rock / Recover 1/4 Turn L

- 1&a2 Step forward on Lf, rise R knee up, step Rf back, step Lf next to Rf take weight onto Lf (12:00)
3-4 Rock Rf to the right, turn 1/4 right (3) recover on Lf
5&a6 Step forward on Rf, rise L knee up, step Lf back, step Rf next to Lf take weight onto Rf
7-8 Rock Lf to the left, turn 1/4 left (12) recover on Rf

Sec 3: 17-24 Cross, 1/4 Turn L, Steps Back R-L-R, Cross Walks Fwd, Fwd Rock / Recover, 1/2 Turn L, Fwd, 1/4 Turn L, Side, Behind, Side

- 1&a2 Cross Rf over Lf, turn 1/4 left (9) step Rf back, step Lf back, step Rf back weight onto Rf
3-4 Cross walk Lf forward, cross walk Rf forward weight onto Rf
5&a6 Rock forward on Lf, recover on Rf, turn 1/2 left (3) step Lf forward, turn 1/4 left (12) step Rf to the right weight onto Rf
7-8 Step Lf behind Rf, step Rf to the right weight onto Rf (12:00)

Note: Counts 29-30 are like skating and pushing off a few times on one foot to go faster.

Sec 4: 25-32 Side, Together, 1/4 Turn L, Fwd, Fwd, Back, 1/4 Turn R, Side, Together, Stanky Leg" R (Push R, Center, R), Cross, Hold, 3/4 Unwind L, Change Weight

- 1&a2 Step Lf to the left, step Rf beside Lf, turn 1/4 left (9) step Lf forward weight onto Lf, step Rf forward weight onto Rf
3-4 Step Lf back, turn 1/4 right (12) step Rf to the right weight onto Rf
&5&a6 Step Lf next to Rf, with body and Lf angled towards to front, keep L knee bent and push-slide Rf to the right diagonal and bring Rf back to center (Push R, Center, Push R), cross Rf over Lf weight onto both feet (12:00)
7-8 Hold, unwind 3/4 left (3) take weight onto Rf (3:00)

Start Again, Enjoy!

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