

Send Me Flowers

拍数: 32 墙数: 2 级数: Improver
编舞者: Urban Danielsson (SWE) - May 2011
音乐: Mandame Flores - Sparx : (CD: Todo Lo Mejor)



32 counts intro.

Section 1: Side, Rock-recover, Pivot ½ turn, Step forward, ½ turn, ½ turn, Rock-recover-step back

- 1 Step left to left side (last step in the ending sailor step)
- 2 – 3 Rock right foot back, recover onto left foot
- 4 & 5 Step right forward, turn ½ turn left step weight onto left foot, step right foot forward (6:00)
- 6 – 7 ½ turn right stepping left foot back, ½ turn right stepping right foot forward
- 8 & 1 Rock left foot forward, recover weight onto right, step left foot back

Section 2: Walk back x 2, Coaster cross, Sway x 2, Chassé left

- 2 – 3 Walk back on right foot, walk back on left foot
- 4 & 5 Step back on right foot, step left foot next to right, step right foot across in front of left foot
- 6 – 7 Sway on left to left side, sway on right to right side
- 8 & 1 Chassé left stepping left to left side, right next to left, step left to left side

Section 3: Cross rock-recover, 3/8 turn and shuffle diagonally forward, 1/8 turn step side, ½ turn step forward, Shuffle forward

- 2 – 3 Cross rock right in front of left foot, recover weight onto left foot
- 4 & 5 Turn 3/8 to right and shuffle diagonally forward stepping right forward, left next to right, step right forward (10:30)
- 6 – 7 Turn 1/8 to right stepping left to left side (12:00), turn ½ right stepping right foot forward (6:00)
- 8 & 1 Shuffle forward stepping left forward, right next to left, step left forward

Section 4: Rock-recover, Coaster cross, Sway x 2, Sailor step

- 2 – 3 Rock right foot forward, recover weight onto left foot
- 4 & 5 Step right foot back, step left foot next to right, step right foot cross in front of left foot
- 6 – 7 Sway on left to left side, sway on right to right side
- 8 & 1 Step left foot behind of right, step right to right side, step left to left side (this is the first step in the dance)

RESTART and ENJOY!

Tag: After wall 2 facing front (after count 8&) add 4 counts

- 1 End the sailor step with sway left on left foot
- 2 – 4 Sway right on right foot, sway left on left foot, sway right on right foot

Restart the dance from the beginning.

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