

Buona Sera

COPPER KNOB
STEPPERS

拍数: 64
编舞者: Lane Lee (MY) - June 2011
音乐: Buona Sera - Alfio

墙数: 4

级数: Phrased Intermediate



Intro : 16 count

Sequence: A,A,A- (20) Tag 16 count, B, B, B, B, B, B, B, B, A, A- (8), ending 16 count

Part A (32 counts)

Section 1- Left forward, Hold, Right forward, Hold, Left, ½ turn Right, Ronde, Touch

1-4 Step L forward, hold, step R forward, hold
5-8 Step L forward, ½ turn R, sweeping R out and touch R beside L. (6.00)

Section 2- Right forward, Hold, Left Forward, Hold, Right, 1/2 turn Left, Ronde, Touch

1-4 Step R forward, hold, Step L forward, hold
5-8 Step R forward, ½ turn L, sweeping L out, touch L beside R (12.00)

Section 3- ¼ Right, Rock Recover On Left Hold, ½ Turn Left, Rock Recover On Right, Hold.

1-4 ¼ turn R, rocking L forward, recover weight on R, rock forward on L, hold (A- dance till 20 counts)
5-8 ½ turn L, Rocking forward on R, recover weight on L, Rock forward on R. (3.00)

Section 4- Cross, Side, Behind, Sweep, Behind side, ¼ turn on left, Stomp Right Forward, Hold

1-4 Cross L over R, Step R to R, Cross L behind R, sweeping R out
5-8 Cross R behind L, 1/4 turn L, Stepping L forward, step R forward Stomp. Hold (6.00)

Part B (32 counts)

Section 1 Right Hold, Rock Recover, Left Hold, Rock Recover

1-4 Step R to R, Hold, Rock L behind R, Recover weight on R
5-8 Step L to L, Hold, Rock R behind L, Recover weight on L. (12.00)

Section 2- Forward Right Hold, Forward Left Hold, Right, Left, Drag Touch

1-4 Step R forward hold (Body diagonal to R), Step L forward hold
5-8 Step R forward, L forward, Drag R behind L (Over 2 counts) (12.00)

Section 3- Forward Right Hold, Pivot ½ turn Left Hold, Forward Right Hold, Pivot ¼ turn Left Hold

1-4 Step R forward, Hold, Pivot ½ turn L, Weight on L, Hold
5-8 Step R forward, Hold, Pivot ¼ turn L, weight on L, Hold (3.00)

Section 4- Right toe Strut Diagonal R, Left toe strut Diagonal L, Twist, Right, Left, Right, Left

1-4 Point right toe to R diagonal, Step down on R, Point L toe to L diagonal, Step down on L
5-8 Twist on balls R, L, R, L diagonal forward (3.00)

Tag: 16 counts (3.00)

1-8 Step R forward, hold for 3 counts, ¼ turn L Stepping L to L, Hold for 3 counts
2-8 R toe strut, Hold, L toe strut, Hold, Twist R, L, R, L (weight on L) then start Part B
(Facing 12.00)

At end of wall 11 (Facing 12.00) start Part A 32 counts, (Facing 12.00) then continue A- (8)

Ending: (12.00) 16 count,

[1-8] : Right jazz box with toe strut, Two Pivot ½ turn left with toe strut.

1&2&3&4& Point R toe forward, stepping on R ,Point L toe backward, stepping on L, Point R toe to R, stepping on R, cross L toe over R, stepping on L.
5&6&7&8& Point R toe forward,stepping on R ,½ turn on L Point L forward,step forward on L, Point R toe forward,stepping on L,Pivot ½ turn on L point R toe forward stepping on L (12.00)

[2-8] :Twist, Right, Left forward or (Chicken Walk R,L)

1&2&3&4& Twist on toe, R,L,R,L,R,L,R,L

5&6&7&8& Repeat 1-4 till music face off.

Have Fun !!!

Special thanks to “Mas” for providing this music.

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