

拍数: 64 墙数: 4 级数: Phrased Intermediate

编舞者: William Sevone (UK) - June 2011

音乐: Cariño - Jennifer Lopez : (Album: J.Lo - English or Spanish Versions)



Dance sequence:- A-A-A-B-A-A-B-A-B-B

Choreographers note:- Section 'B' is always the Chorus and always performed facing the 'Home' wall. See the IMPORTANT notes about the extra '&' count and degree of turn involved when starting Section B Ideally suited for those experienced Intermediate dancers who are ready to start Advanced Level dancing. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with the Snare Drum and Bass intro (aprox 25 seconds from start of music) – vocals will start with 2nd Wall.

SECTION A

2x Sway. Rec-Behind-Side Rock. 2x Sway. Rec-Behind-1/4 Forward (9:00)

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1 – 2	Sway right to right side. Sway onto left.	

3& 4 Recover weight onto right, step left behind right, rock right to right side.

5-6 Sway left to left side. Sway onto right.

7& 8 Recover weight onto left, step right behind left, turn 1/4 left & step forward onto left (9).

Press. Rec. Coaster. Press. Rec. Triple 1/2 Left (3:00)

9 – 10	Press right forward. Recover onto left.
11& 12	Step backward onto right, step left next to righ

11& 12 Step backward onto right, step left next to right, step forward onto right.

13 – 14 Press left forward. Recover onto right.

15& 16 (on the spot) Triple step ½ left stepping: L.R-L (3)

Press. Rec. Coaster. Press. Rec. Triple 1/4 Left (12:00)

17 – 18	Press right forward. Recover onto left.
19& 20	Step backward onto right, step left next to right, step forward onto right.
21 – 22	Press left forward. Recover onto right.

23& 24 (on the spot) Triple step ½ left stepping: L.R-L (12)

Diag Press. Rec. 1/4 Right Fwd-Lockstep. Diag Press. Rec. Diag Bwd-Lockstep with turn (3:00)

25 – 26	Press right diagonally forward left. Recover onto left (10:30)
25 – 20	FIESS HULL GIAGOLIAIIV TOLWALG IELL, NECOVEL OLIGINEL (10.30)

27& 28 Turn ¼ right & step forward onto right, lock left behind right, step forward onto right (1:30)

29 – 30 Press left forward. Recover onto right (1:30)

31& 32 Step left diagonally backward left, lock right across front of left, step diagonally backward left

(1:30)

- Prepare to turn 1/8th right to face new wall (A to A only) (3).

SECTION B

& The 'Turn'..... Only performed when changing from Section A to Section B (not B to B) **IMPORTANT NOTE**:

As Section 'B' is ALWAYS performed facing the 'HOME' wall, below is the degree of turn AFTER Section A: A - A - B (3/8th R) - A - A - B (5/8th R) - B - A - B (1/8th L) - B

2x Fwd. Crossed Hitch-Hold. Extend & Sweep with Curl. Fwd Lockstep (6:00)

1 – 2 Step forward onto right. Short step forward onto left.

3 – 4 Hitch right knee across left thigh. Hold

5 – 6 Kick right outward & sweep ½ right - then 'curl' backward (tuck underneath) – right foot still off floor (6).

Style note: The 'Curl' is to the INSIDE of the left leg.. a variation is to the OUTSIDE of the left leg.

7& 8 Step forward onto right, lock left behind right, step forward onto right.

9 – 10	Step forward onto left. Turn ¼ left & step right to right side (3).	
11& 12	Turn ¼ left - sweeping left foot, step left behind right, press right to right side (12).	
13 – 14	Step left to left side. Step right next to left.	
15& 16	Press left backward, recover onto right, step forward onto left.	
Fwd. Together.	Press Bwd-Rec-1/4 Left Side.1/2 Left Side. 1/4 Left Fwd. Press-Rec-Together (12:00)	
17 – 18	Step forward onto right. Step left next to right.	
19& 20	Press right backward, recover onto left, turn ¼ left & step right to right side (9).	
21 – 22	Turn ½ left & step left to left side (3). Turn ¼ left & step forward onto right (12).	
23& 24	Press left forward, recover onto right, step left next to right.	
Press. Rec. 1/2 Right Fwd-1/2 Right Bwd-1/2 Right Fwd. Press. Rec. Triple 1/2 Left (12:00)		
25 – 26	Press forward onto right. Recover onto left.	
27& 28	Turn ½ right & step forward onto right (6), turn ½ right & step backward onto left (12), turn ½ right & step forward onto right (6).	
29 – 30	Press forward onto left. Recover onto right.	
31& 32	(on the spot) Triple step ½ left stepping: L.R-L (12).	
DANCE FINISH	H: At the end of the 13th Wall, the music changes to create a 'Finale'. Do the following:	
1& 2	Cross right over left, press left to left side, recover onto right.	
3 – 4	Sway onto left. Sway onto right.	
5& 6	Step left to left side, step right next to left, with a slight sweep – step left behind right.	
7	Press right to right side.	
8 – 9	long step – Step left diagonally back left – and quickly bring right next to left	
10 – 11	long step – Step right diagonally back right – and quickly bring left next to right.	
12	Step forward onto left.	
13& 14	Step forward onto right, step left next to right, step backward onto right.	
15 – 16	Turn ¼ left & step left to left side – placing left hand on left hip (9).	
Recover weight to right whilst turning upper body ¼ right to face the 'Home wall'. (Hold Poise)		

Fwd. 1/4 Left Side. 1/4 Left Sweep-Behind-Side Press. Rec. Together. Back Press-Rec-Fwd (12:00)