

Carino Bambino

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Advanced Beginner
编舞者: William Sevone (UK) - June 2011
音乐: Cariño - Jennifer Lopez : (Album: J.Lo - English or Spanish Versions)



Choreographers note:- A tight, small stepped social Cha Cha incorporating 'Press Steps' suitable for the Advanced Beginner or experienced Beginner.

Those wanting a more aesthetically and technically challenging dance can try the Intermediate/Advanced 'Carino' (by the same Choreographer).

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with the Snare Drum and Bass intro (aprox 25 seconds from start of music) – vocals will start with 2nd Wall.

2x Sway. Rec-Behind-Side Rock. 2x Sway. Rec-Behind-1/4 Forward (9:00)

- 1 – 2 Sway right to right side. Sway onto left.
- 3 & 4 Recover weight onto right, step left behind right, rock right to right side.
- 5 – 6 Sway left to left side. Sway onto right.
- 7 & 8 Recover weight onto left, step right behind left, turn ¼ left & step forward onto left (9).

Press. Rec. Coaster. Press. Rec. Triple 1/2 Left (3:00)

- 9 – 10 Press right forward. Recover onto left.
- 11 & 12 Step backward onto right, step left next to right, step forward onto right.
- 13 – 14 Press left forward. Recover onto right.
- 15 & 16 (on the spot) Triple step ½ left stepping: L.R-L (3)

Press. Rec. Coaster. Press. Rec. Triple 1/4 Left (12:00)

- 17 – 18 Press right forward. Recover onto left.
- 19 & 20 Step backward onto right, step left next to right, step forward onto right.
- 21 – 22 Press left forward. Recover onto right.
- 23 & 24 (on the spot) Triple step ¼ left stepping: L.R-L (12)

Diag Press. Rec. 1/4 Right Fwd-Lockstep. Diag Press. Rec. Diag Bwd-Lockstep with turn (3:00)

- 25 – 26 Press right diagonally forward left. Recover onto left (10:30)
- 27 & 28 Turn ¼ right & step forward onto right, lock left behind right, step forward onto right (1:30)
- 29 – 30 Press left forward. Recover onto right (1:30)
- 31 & 32 Step left diagonally backward left, lock right across front of left, step diagonally backward left (1:30)

– Prepare to turn 1/8th right to face new wall (3).

DANCE FINISH: At the end of Wall 13 - Replace the 1/8th RIGHT turn with a 1/8th LEFT turn to face 'Home' – then do the following:

- 1 & 2 Cross right over left, rock left to left side, recover onto right.
- 3 – 4 Sway onto left. Sway onto right.
- 5 & 6 Step left to left side, step right next to left, with a slight sweep – step left behind right.
- 7 – 8 Step right to right side. Step left next to right.
- 9 – 10 Step right to right side. Touch left next to right.
- 11 – 12 Step left to left side. Touch right next to left.
- 13 & 14 (on the spot) Triple step R.L-R.
- 15 – 16 Turn ¼ left & step left to left side – placing left hand on left hip (9).

Recover weight onto right whilst turning upper body ¼ right to face the 'Home wall'. (Hold Poise)