

# De Hombre A Mujer

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 40      墙数: 2      级数: Beginner  
编舞者: Nena Matela (USA) - May 2011  
音乐: De Hombre A Mujer - Donato & Estefano : (Album: Lo Mejor De Donato y Estefano)



Alternate music: Patricia by Mestizzo [Tongoneo]

Start dancing on lyrics

## MAMBO FORWARD-HOLD (LEFT, RIGHT)

1-2            Rock L forward, recover to R  
3-4            Step L back, hold  
5-6            Rock R forward, recover to L  
7-8            Step R back, hold

## MAMBO SIDE-HOLD (LEFT, RIGHT)

1-2            Rock L to side, recover to R  
3-4            Step L together, hold  
5-6            Rock R to side, recover to L  
7-8            Step R together, hold

## SIDE-BEHIND-SIDE-CROSS, SIDE CHASSE, BACK ROCK

1-2            Step L to side, cross R behind L  
3-4            Step L to side, cross R over L  
5&6            Chasse to left stepping L,R,L  
7-8            Rock R back recover to L

## SIDE-BEHIND-SIDE-CROSS, SIDE CHASSE, BACK ROCK

1-2            Step R to side, cross L behind R  
3-4            Step R to side, cross L over R  
5&6            Chasse to right stepping R,L,R  
7-8            Rock L back, recover to R

## STRIDE-HOLD-AND-SIDE-HOLD, TURN-STEP, STEP-HOLD

1-2            Long step L to side (shimmy), hold  
&3-4           Step R together, step L to side, hold  
5-6            Turn 1/2 left and step R to side, step L together  
7-8            Step R in place, hold

### Easier option:

1-2            Long step L to side (shimmy), hold  
3-4            Step R together, hold  
5-6            Long step L to side (shimmy), hold  
7-8            Pivot 1/2 left & step R together, hold

**REPEAT**