

Stamp on The Ground

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
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音乐: Stamp On the Ground - ItaloBrothers : (CD: Dance Explosion Vol.11)



Intro: 32 – Sequence: AA BBBB AA BBB A BBB

A = 32

A1: Stomp x 4, Jump x 4

1,2,3,4 Stomp right foot in place x 4
5,6,7,8 Jump up and down on the spot x 4

A2: Jump ¼ x 4, Arms Around And Body Up And Down

1,2,3,4 Jump ¼ to Left, jump ¼ to Left, jump ¼ to Left, jump ¼ to Left
5,6,7,8 Move your arms from right to left, while you do 4 heel bounces

A3: Stomp x 4, Jump x 4

1,2,3,4 Stomp right foot in place x 4
5,6,7,8 Jump up and down on the spot x 4

A4: Jump ¼ x 4, Arms Around And Body Up And Down

1,2,3,4 Jump ¼ to left, jump ¼ to Left, jump ¼ to left, jump ¼ to left
5,6,7,8 Move your arms from right to left, while you do 4 heel bounces

B = 32

B1: Right And Left Vine With Jump Hitch

1,2,3,4 Right to side, left behind right, right to side, jump Hitch
5,6,7,8 Left to side, right behind left, left to side, jump Hitch

B2: Back, Slide, Back, Jump Hitch, Forward, Slide, Forward, Jump Hitch

1,2,3,4 Step right back, slide left beside right, step right back, jump Hitch
5,6,7,8 Step left fw, slide right beside left, step left fw, jump Hitch

B3: Side Touch x 2, Paddle turns ¼ x 2

1,2,3,4 Step right to side, touch, step left to side touch
5,6,7,8 Step fw on right, turn ¼ left stepping onto left, Step fw on right, turn ¼ left stepping onto left

B4: Out, Out, In, In x 2

1,2,3,4 Right diagonal fw, left diagonalt fw, right back in place, left back in place
5,6,7,8 Right diagonal fw, left diagonalt fw, right back in place, left back in place