

Slingin' Mud

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Guyton Mundy (USA) & Will Craig (USA) - May 2011
音乐: Kickin Up Mud - The Lacs



16 count intro - Dance pattern: AAABBAABBAABAA

A Pattern (32 counts)

[1-8] kicks X3, walk walk, triple

1&2 kick right foot forward, step together with right, kick left foot to left side
&3 step together with left, kick right foot forward,
&4 step together with right, take a big step forward on left
5-6 walk forward on right walk forward on left
7&8 step forward on right, bring left to right, step forward on right

[9-16] Rock/recover, triple 1/2 turn, 1/2 out out, in in, hitch

1-2 rock forward on left, recover back on right
3&4 make a 1/2 turn over the left shoulder as you step left, right, left
5&6 make a 1/2 turn over left stepping back on right, step out with left, step out with right (when doing the out out. do not step to far apart
7&8 walk feet in toes, heels, hitch right knee up

[17-24] step hitches X3, triple to side.

1-2 step down on right, hitch left up
3-4 step down on left, hitch right up
5-6 step down on right, hitch left up
7&8 step left to left, step together with right, step left to left side

[25-32] syncopated vine, coaster, 1/2 turn walk around

1-2 Cross right over left, step back on left
&3 Step right to right side, cross left over right
4&5 Step back on right, step together with left, step forward on right
6-7-8 Make 1/2 turn over right shoulder walking left, right, left

B Pattern (32 counts)

[1-8] scuff step X4

1-2 scuff right forward, step down on right
3-4 scuff left forward, step down on left
5-6 scuff right forward, step down on right
7-8 scuff left forward, step down on left

[9-16] jazz box, back step, back step, step back with 1/2 turn, drag together

1-2 cross right over left, step back on left
3-4 step right to right side, cross left over right
5-6 step back on right, take a big step back on left as you start a 1/2 turn over left shoulder
7-8 drag right foot into left for these 2 counts as you slightly raise your arm strait up, keeping weight on left as you are going to take small step together with your right on count 1 of the next pattern

[17-24] Arm rocks with 1/2 turn

1-8 as you slightly bend forward at the waist, bring arms into sides with elbows bent a little more than 90 degrees and rock arms right, left, right, left, right, left, right, left while taking small steps and making a 1/2 turn over left shoulder while stepping in place R,L,R,L,R,L,R,L

[25-32] hitch step X2, 1/2 turn walk around

1-2 hitch right up. step down on right

3-4 hitch left up, step down on left

5-8 make a 1/2 turn over left while walking R,L,R,L
