

# Hi Good Morning, Have Breakfast!

**COPPER** KNOB  
STEPSHEETS

拍数: 96                      墙数: 1                      级数: Phrased Improver  
编舞者: Joyce Chen - May 2011  
音乐: Hi Good Morning Have Breakfast - Hsiao Huang-Chi



**Intro: 40 counts - Sequence: AB-Tag-AB-AB-BA-Ending**

## Part A

### [S1] Twist heels

1-2                      Twist heels to right, hold  
3-4                      Twist heels to left, hold  
5&6                      Twist heels to right, left, right (weight on right)  
7&8                      Twist heels to left, right, left (weight on left)

### [S2] Cross, Point, Cross, Point, Point Front, Point side, Sailor turn 1/4

1-2                      Cross RF over LF, Left toe point to left side  
3-4                      Cross LF over RF, Right toe point to right side  
5-6                      Right toe point front, Right toe point to right side  
7&8                      Cross RF behind LF 1/4 turn right, LF left to left side, RF to right side

### [S3] Rock, Recover, Triple 1/2 turn, Rock, Recover, Triple 1/2 turn

1-2                      Rock forward on left, Recover back right  
3&4                      Make 1/2 Turn left w/ Triple Step (LF<sub>i</sub>RF<sub>i</sub>LF)  
5-6                      Rock forward on right, Recover back left  
7&8                      Make 1/2 Turn right w/ Triple Step (RF<sub>i</sub>LF<sub>i</sub>RF)

### [S4] Step 1/2 Pivot, 1/4 turn left, Touch, Out, Out, In, In, Out, Out, In, In,

1-2                      LF forward, pivot 1/2 turn right stepping on RF  
3-4 1                      1/4 turn right stepping LF to left side, Right toe touch next to left  
&5&6                      RF to right side, LF to left side, RF back to center, LF next right  
&7&8                      RF to right side, LF to left side, RF back to center, LF next right

### [S5] Toe, Drop, Toe, Drop, scissor step

1-2                      Place toe of right diagonally forward, Drop right heel (1.00)  
3-4                      Place toe of left diagonally forward, Drop left heel  
5-8                      RF to right side, LF together with RF, RF across in front of LF, Hold (11.00)

### [S6] Toe, Drop, Toe, Drop, scissor step

1-2                      Place toe of left diagonally forward, Drop left heel (11.00)  
3-4                      Place toe of right diagonally forward, Drop right heel  
5-8                      LF to left side, RF together with LF, LF across in front of RF, Hold (1.00)

### [S7] Step 1/2 Pivot turn, shuffle forward, step 1/2 pivot turn, shuffle forward

1-2                      RF forward, pivot 1/2 turn left stepping on LF  
3&4                      Shuffle forward stepping (RF<sub>i</sub>LF<sub>i</sub>RF)  
5-6                      LF forward, pivot 1/2 turn right stepping on RF  
7&8                      Shuffle forward stepping (LF<sub>i</sub>RF<sub>i</sub>LF)

### [S8] Walk forward X3, Kick, Walk back X2, Coaster Step

1-4                      Walk forward RF<sub>i</sub>LF<sub>i</sub>RF, Kick Lf forward (Clap)  
5-6                      Walk back LF<sub>i</sub>RF  
7&8                      Step back on LF, RF next to LF, Step forward on RF

## Part B

### [S1] Weave right, Monterey turn

- 1-2 RF to right side, cross LF behind RF
- 3-4 RF to right side, cross LF over RF
- 5-6 Right toe point to right side, half turn right stepping RF next to LF
- 7-8 Left toe point to left side, LF next RF

### [S2] Heel Toe Swivel X3, Clap, Heel Toe Swivel X3, Clap

- 1-4 Swivel heels right, Swivels toes right, Swivel heels right, Clap
- 5-6 Swivel heels left, Swivels toes left, Swivel heels left, Clap

### [S3] Weave right, Monterey turn

- 1-2 RF to right side, cross LF behind RF
- 3-4 RF to right side, cross LF over RF
- 5-6 Right toe point to right side, 1/2 turn right stepping RF next to LF

### Alternative (to make dance become 4 wall: Right toe point to right side, 1/4 turn right stepping RF next to LF

- 7-8 Left toe point to left side, LF next RF

### [S4] Heel Toe Swivel X3, Clap, Heel Toe Swivel X3, Clap

- 1-4 Swivel heels right, Swivels toes right, Swivel heels right, Clap
- 5-6 Swivel heels left, Swivels toes left, Swivel heels left, Clap

## Tag After fist Part A & B round

### [S1] Walk full turn

- 1-8 Walk RF; Hold; LF; Hold; RF; Hold; LF; Hold and make full turn over right shoulder.

### [S2] Rumba box

- 1-4 RF to right side, LF beside RF, step forward on RF, Hold
- 5-8 LF to left side, RF beside LF, step back on LF, Hold

## Ending: V-step

- 1-2 RF diagonally forward right, LF diagonally forward left
  - 3-4 RF back into center, LF beside right
  - 5 Pose.
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