

Dance The Night

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Grit Benke (DE) - May 2011
音乐: Feel the Fire - Joe McElderry



Intro: 16 counts

S1: STEP, CLAP, STEP, CLAP, MAMBO STEP, COASTER STEP, SIDE-ROCK-CROSS

1& Step right foot forward, clap
2& Step left foot forward, clap
3&4 Step right foot forward, weight back to left foot, step right foot beside left foot
5&6 Step left foot back, step right foot beside left foot, step left foot forward
7&8 Step right foot right, weight back to left foot, cross right foot over left foot

Tag and Restart: In the 5th wall dance at 7&8 Kick-Ball-Change -

Kick right foot forward, step onto ball of right foot next to left foot, replace left foot on the floor - and start from the beginning.

S2: ¼ TURN, ¼ TURN, SHUFFLE, TOE, HEEL, TOE-HEEL-FLICK

1-2 Step left foot back with ¼ turn right, step right foot forward with ¼ turn right
3&4 Step left foot forward, step right foot next to the right, step left foot forward
5-6 touch right toe beside left foot (turn the foot inside), touch right heel beside left foot
(turn foot outside)
7&8 touch right toe beside left foot (turn the foot inside), touch right heel beside left foot
(turn foot outside), kick right foot backwards with a pointed toe and a flexed knee

S3: STEP, FULL TURN, SHUFFLE, CROSS, ¼ TURN, COASTER STEP

1-2 Step right foot forward, full turn left onto right foot
(Option for 1-2: 1&2 step right foot forward, step left foot forward, step right foot forward)
3&4 Step left foot forward, step right foot next to the right, step left foot forward
5-6 Cross right foot over left foot, step left foot back with ¼ turn right
7&8 Step right foot back, step left foot beside right foot, step right foot forward

S4: ROCK STEP, BACK, SLIDE, HEEL JACKS

1-2& Step left foot forward, weight back to right foot, step left foot beside right foot
3-4 Step right foot back, slide left foot to right foot (weight on left foot)
5&6& Cross right foot over left foot, left foot small step back, touch right heel diagonal right, step right foot beside left foot
7&8& Cross left foot over right foot, right foot small step back, touch left heel diagonal left, step left foot beside right foot

Start again and don't forget to smile.

After the 2nd wall - dance in addition:

Tag: SIDE-TOUCH-SIDE, KICK-BALL-CHANGE

1&2 touch right foot right, touch right foot beside left foot, touch right foot right
3&4 Kick right foot forward, step onto ball of right foot next to left foot, replace left foot on the floor