# Let's Get It Poppin'

拍数: 24

级数: Beginner Soul

编舞者: Bernadette Burnette (USA) - May 2011

音乐: Get It Poppin' (feat. Nelly) - Fat Joe

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Intro: 16 counts.

## Sec. 1: Diagonal Shuffle Fwd (R/L), Diagonal Shuffle Back, Back, Together, Step

- 1&2 Step right forward diagonally right, step left next to right, step right forward diagonally right
- 3&4 Step left forward diagonally left, step right next to left, step left forward diagonally left
- 5&6 Step right backward to right diagonal, step left next to right, step right backward to right diagonal
- 7&8 Step left back (square up to 12:00), step right next to left, step left in place

#### Sec. 2: Pop Knees (downwards, straightening up), Side, Touch (in, out, in), Side, Touch (out, in, out)

- 1&2 Bending knees & go downwards, Straightening up (weight on left), step right to right side
- 3&4 Touch left next to right, touch left to left side, touch left next to right
- 5-6 Big step left to left side, touch right next to right
- 7&8 Touch right to right side, touch right next to right, touch right to right side

## Sec. 3: Heel, Step, Heel, Step, Touch (out, in, out, in, out, in, out) 1/4 left

1-2-3-4Touch right heel forward, step right next to left, touch left heel forward, step left next to right5&6&7&8(Touch right to right side, touch right next to left) X 3, touch right to right side Progressive to<br/>1/4 left (9:00)

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**墙数:**4