

Miles Between Us

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate / Advanced
编舞者: Julia Wetzel (USA) - May 2011
音乐: Kilómetros - Sin Bandera : (CD: Sin Bandera - 3:41)



Intro: 16 counts from start of music (approx. 15 seconds into track)

[1 – 8] Step, Cross, Side, 1/8 Back, Behind, 1/8 Side, Step, Mambo ½, ½, ½

- 1, 2&3 Step R fw slightly towards R diagonal (1:00) (1), cross L over R (2), step R to R side (&), turn 1/8 L stepping back on L (3) 10:30
- 4&5 Step R behind L (4), turn 1/8 L stepping L to L side (&), step R fw (5) 9:00
- 6&7 Rock L fw (6), recover on R (&), turn ½ L stepping L fw (7) 3:00
- 8& Turn ½ L stepping back on R (8), turn ½ L stepping L fw (&)
- *Easier Option: Step fw on R (8), step fw on L (&) 3:00**

[9 – 16] ¼ Side, Basic, Side, Basic, ¾, Side, Cross, Scissor Cross, ¼

- 1, 2& Turn ¼ L stepping R to R side (1), close L behind R (2), recover on R (&) 12:00
- 3, 4& Step L to L side (3), close R behind L (4), recover on L (&) 12:00
- 5, 6& Step fw on R and turn ¾ L on the ball of R foot while hitching L (5), step L to L side (6), cross R over L (&) 3:00
- 7&8& Step L to L side (7), step R next to L (&), cross L over R (8), turn ¼ L stepping back on R (&) 12:00

[17 – 24] ¼ Side, 1/8 Coaster, Walk, Walk, 5/8, Side, Cross, Back, Back, Cross, Point

- 1, 2&3 Turn ¼ L stepping L to L side (1), turn 1/8 R stepping back on R (2) (facing 10:30), step L next to R (&), step fw on R (3) 10:30
- 4&5 Step fw on L (4), step fw on R (&), step fw on L and turn 5/8 R on the ball of L foot while hitching R (5), 6:00
- 6&7 Step R to R side (6), cross L over R (&), step R back (7), 6:00
- 8&8 Step L back (&), cross R over L (8), point L to L side (&) (prep for L turn on L) 6:00

[25 – 33] ½ Sweep, Hips, Step, Pivot ½, Step, Lock Step, Step, Pivot ½, ½, ½ Ronde

- 1 Turn ½ L on the ball of L while sweeping R from back to front ending with R touching fw (1) 12:00
- 2&3 Bump R hip fw (2), bump R hip back (&), step fw on R (3) 12:00
- 4&5 Step fw on L (4), pivot ½ turn R (&) (weight ending on R), step fw on L (5) 6:00
- 6&7& Step fw on R (6), lock L behind R (&), step fw on R (7), step fw on L (&), 6:00
- 8&1 Pivot ½ turn R (8) (weight ending on R), turn ½ R stepping back on L (&), turn ½ R stepping fw on R while sweeping L from back to front (1)

***Easier Option: Step fw on L (&), step fw on R while sweeping L from back to front (1) 12:00**

[34 – 40] Step Sweep, Step, Step, Pivot ¼, Cross, ¼, ¼, Cross, Side, Behind, Side, 5/8

- 2, 3 Step fw on L and sweeping R from back to front (2), Step fw on R (3) 12:00
- 4&5 Step fw on L (4), pivot ¼ R (&) (weight ending on R), cross L over R (5) 3:00
- 6&7 Turn ¼ L stepping R back (6), turn ¼ L stepping L to L side (&), cross R over L (7) 9:00
- 8&8 Step L to L side (&), step R behind L (8), step L to L side (&) 9:00

[41 – 48] Back Rock, Twinkle Step (x2), Step, ½, ½

- 1 Step R slightly across L and turn 5/8 L on the ball of R foot while hitching L (1) 1:30
- 2, 3 Rock L back (2), recover on R (3) 1:30
- 4&5 Cross L over R (4), step R next to L (&), step L in place (5) 1:30
- 6&7& Cross R over L (6), step L next to R (&), step R in place (7), step fw on L (&) (prep for L turn) 1:30

8& Turn ½ L stepping back on R (8), turn ½ L stepping fw on L (&)

***Easier Option: Step fw on R (8), step fw on L (&) 1:30**

[49 – 56] 5/8 Ronde, Behind, Side, Cross Rock, ¼, Full Spiral, Walk, Walk, Forward Rock, Back

1 Turn 5/8 L stepping back on R while sweeping L from front to back (1) 6:00

2&3 Step L behind R (2), step R to R side (&), Cross rock L over R (3) 6:00

4&5 Recover on R (4), turn ¼ L stepping fw on L (&), full spiral turn L on R (5)

***Easier Option: Take a big step fw on R (5) 3:00**

6&7 Step fw on L (6), step fw on R (&), rock fw on L (7) 3:00

8& Recover on R (8), step back on L (&) 3:00

[57 – 64] 1/8 Back, Sailor 1/8 Forward, Step, Pivot, Cross Rock, Side, Together

1 Turn 1/8 L stepping back on R while sweeping L from front to back (1) 1:30

2&3 Turn 1/8 L stepping L behind R (2), step R to R side (&), step L fw (3) 12:00

4,5 Step R fw (4), pivot ½ L (5) (weight ending on L) 6:00

6& Cross rock R over L (6), recover on L (&) 6:00

7, 8 Take a big step on R to R side while dragging L to R (7), step L next to R (8) 6:00

Ending: On Wall 4, for counts 17-24:

Dance through to count 3 and then walk slowly for counts 4,5 (towards 4:30)

Then use counts 6,7,8 to turn to the front as you see fit as the music ends.

Good luck and enjoy!

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