

Let's Get Started

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Peter Jones (UK) & Anna Lockwood (UK) - May 2011
音乐: Let's Get Started - James Intveld : (Album: Have Faith)



Starts 16 counts in.

S1: Back Diagonal Shuffles x 2, Rock Back, Recover, Scissor Cross.

1&2 Step Back On R To R Diagonal, Step L Next To R, Step Back On R To R Diagonal.
3&4 Step Back On L To L Diagonal, Step R Next To L, Step Back On L To L Diagonal.
5-6 Rock Back Onto R, Recover Onto L.
7&8 Step R To R Side, Step L Next To R, Cross R Over L.

S2: Side, Behind, Side, Cross, Side, Heel Taps x 2, Cross, Side.

1-2 Step L To L Side, Step R Behind L.
&3-4 Step L To L Side, Cross R Over L, Step L To L Side.
5-6 Tap R Heel, Step Onto R.
7-8 Cross L Over R, Step R To R Side.

S3: Heel Taps x 2, Cross, Side, Sailor ½ Turn, Shuffle Forward.

1-2 Tap L Heel, Step Onto L.
2-4 Cross R Over L, Step L To L Side.
5&6 Step ¼ R Back Onto R, Step ¼ R Onto L, Recover Weight Onto R. (6:00)
7&8 Step Forward Onto L, Step R Next To L, Step Forward Onto L.

S4: Side, Together, Chasse R, Toe Unwind ½ , Kick Ball Cross.

1-2 Step R To R Side, Step L Next To R.
3&4 Step R To R Side, Step L Next To R, Step R To R Side.
5-6 Touch L Toe Slightly Behind R, Unwind ½ L Onto L. (12:00)
7&8 Kick R Forward, Step R Next To L, Cross L Over R.

Restart here on walls 3 (Facing 6:00) and 6 (Facing 12:00)

S5: Turn, Clap, Turn, Clap, Cross, Side, Behind, Side, Heel.

1-2 Turn ¼ L Stepping Back Onto R, Clap Hands. (9:00)
3-4 Turn ¼ L Stepping L To L Side, Clap Hands. (6:00)
5-6 Cross R Over L, Step L To L Side.
7&8 Step R Behind L, Step L To L Side, Touch R Heel Slightly Forward To R Diagonal.

S6: Step, Cross, Side, Behind, Side Heel, 2 x Paddle Turns (¾ L)

&1-2 Step Onto R, Cross L Over R, Step R To R Side.
3&4 Step L Behind R, Step R To R Side, Touch L Heel Slightly Forward To L Diagonal.
&5-6 Step Onto L, Cross R Over L, Pivot L Stepping Onto L.
7-8 Step Forward Onto R, Pivot L Onto L. (2 x Paddle Turns Are Over ¾ Wall To Face 9:00 Wall)

Have Fun and Dance With A Smile ;0)

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