

Good Times

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Malene Jakobsen (DK) - April 2011
音乐: Good Times (feat. Stine Bramsen) - The JAM Band



Intro: 16 counts from the beat kicks in, 24 sec. into track - dance begins with weight on L

[1-8] Toe struts out, toe struts in

1-2-3-4 (1) Step diagonally fwd. on R toes, (2) drop R heel, (3) step diagonally fwd. on L toes, (4) drop L heel 12.00
5-6-7-8 (5) Step R toes to center, (6) drop R heel, (7) step L toes to center, (8) drop L heel, taking weight 12.00

[9-16] Fwd. mambo step, hold, coaster step, hold

1-2-3-4 (1) Rock fwd. on R, (2) recover onto L, (3) step R next to L, (4) hold 12.00
5-6-7-8 (5) Step back on L, (6) step R next to L, (7) step fwd. on L, (8) hold 12.00

[17-24] Step, hold, out, hold, out, L swivels

1-2-3-4 (1) Step fwd. on R, (2) hold, (3) step out on L, (4) hold 12.00
5-6-7-8 (5) Step out on R (keep weight on R), (6-7-8) swivel L heel, toe, heel towards R 12.00

[25-32] Back rock, vine with cross, side, hold

1-2-3-4 (1) Rock back on L, (2) recover onto R, (3) step L to L, (4) cross R behind L 12.00
5-6-7-8 (5) Step L to L, (6) cross R over L, (7) step L to L, (8) hold 12.00

[33-40] Cross rock, 1/4, brush, lock step, hold

1-2-3-4 (1) Rock R across L, (2) recover onto L, (3) turn 1/4 R stepping fwd. on R, (4) brush L 3.00
5-6-7-8 (5) Step fwd. on L, (6) lock R behind L, (7) step fwd. on L, (8) hold 3.00

[41-48] 1/4, touch, side, touch, side, together, side, touch

1-2-3-4 (1) Turn 1/4 R moving weight to R, (2) touch L toes next to R, (3) step L to L, (4) touch R toes next to L 6.00
5-6-7-8 (5) Step R to R, (6) step L next to R, (7) step R to R, (8) touch L next to R 6.00

[49-56] Kick ball point, hold, coaster 1/4, hold

1-2-3-4 (1) Kick L fwd., (2) step L next to R, (3) point R to R, (4) hold 6.00
5-6-7-8 (5) Turn 1/4 R stepping back on R, (6) step L next to R, (7) step fwd. on R (prep for 1/2 turn L), (8) hold 9.00

[57-64] 1/2, hold, 1/2, hold, coaster step, brush

1-2-3-4 (1) Turn 1/2 L, (2) hold, (3) turn 1/2 L stepping back on R, (4) hold 9.00
5-6-7-8 (5) Step back on L, (6) step R next to L, (7) step fwd. on L, (8) brush R 9.00

TAG: There is one 8 counts tag after wall 3, you will be facing 3.00

Toe strut out, hold, tap, step out, hold x 3

1-2-3 (1) Step diagonally fwd. on R toes, (2) drop R heel, (3) hold 3.00
4-5 (4) Tap L diagonally L, (5) step diagonally out on L 3.00
6-7-8 (6-7-8) Hold

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