

Haba Haba

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Novice
编舞者: Ivonne Verhagen (NL) & Remco Zwijgers (NL) - May 2011
音乐: Haba Haba - Stella Mwangi



Dance starts after 36 counts (on vocals)

MAMBO FORWARD, MAMBO BACK, STEP, SIDE ROCK, STEP SIDE ROCK

1&2 RF rock forward, weight back on LF, RF step back
3&4 LF rock back, weight on RF, LF step forward
5&6 RF step forward, LF rock left to the side, weight on RF
7&8 LF step forward, RF rock right to the side, weight on LF

VOLTA STEP X 4 MAKING FULL TURN LEFT, ¼ TURN & WALK, ¼ TURN & WALK, SHUFFLE ¼ TURN

1&2& ¼ Turn right & step RF forward, LF close to RF, ¼ Turn right & step RF forward, LF close to RF
3&4 ¼ Turn right & step RF forward, LF close to RF, ¼ Turn right & step RF forward
5,6 ¼ Turn left & step LF forward, ¼ turn left & step RF forward
7&8 ¼ Turn left & step LF forward, RF close to LF, LF step forward

MAMBO FORWARD, SAILOR 1/4 TURN, STEP BACK, WEIGHT FORWARD, STEP BACK (USE HIPS), HIP LEFT, HIP RIGHT

1&2 RF rock forward, weight back on LF, RF step back
3&4 Cross Step LF behind RF, ¼ turn left & step RF to right side, LF step forward
5&6 RF step back (a little behind LF), weight forward on LF, Weight back on RF (Use hips)
7,8 Move hips left, move hips right

CROSS, 1/8 TURN & STEP BACK, 1/8 TURN & STEP BACK, COASTER STEP WITH 1/4 TURN, ROCK FORWARD AND STEP SIDE & CLAP, HIP RIGHT 2x (AND ROLL YOUR HANDS LIKE A WHEEL)

1&2 Lf cross over rf, 1/8 turn left & step rf back, 1/8 turn left & step back
3&4 Rf step back, 1/4 turn left & lf step back, rf step forward
5&6 LF rock forward, RF weight back on RF, LF step left to the side
7&8 Push hip right, push hip centre, push hip right (while you do this you roll your hands like a wheel)

No tags or restarts!

Have fun!!

Contact: www.ivonneenco.eu - <http://www.youtube.com/user/ivonneverhagen> - Ivonne.verhagen@planet.nl -
Phone 0031 (0) 61514 3696