

# Hit N Run

COPPER KNOB  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Improver  
编舞者: Ross Brown (ENG) - May 2011  
音乐: Lipstick - Jedward : (CD: Lipstick - 2:55)



**Intro: 8 Counts (Approx. 4 Secs)**

**TOUCH BALL CROSS. BACK, SIDE. CROSS SHUFFLE.  $\frac{3}{4}$  TURN R.**

- 1 & 2      Touch right next to left, step right next to left, cross step left over right.
- 3 – 4      Step back with right, step left to the left.
- 5 & 6      Cross step right over left, close left up to right, cross step right over left.
- 7 – 8      Make a  $\frac{3}{4}$  turn right stepping; back with left ( $\frac{1}{4}$ ), forward with right ( $\frac{1}{2}$ ). (9 o'clock)

**( $\frac{1}{4}$  TURN R) TOUCH BALL CROSS. BACK, SIDE. CROSS SHUFFLE.  $\frac{3}{4}$  TURN L.**

- 1 & 2      Make a  $\frac{1}{4}$  turn right touching left next to right, step left next to right, cross step right over left.
- 3 – 4      Step back with left, step right to the right.
- 5 & 6      Cross step left over right, close right up to left, cross step left over right.
- 7 – 8      Make a  $\frac{3}{4}$  turn left stepping; back with right ( $\frac{1}{4}$ ), forward with left ( $\frac{1}{2}$ ). (3 o'clock)

**( $\frac{1}{4}$  TURN) SIDE, HOLD. BALL, SIDE, TOUCH. X2.**

- 1 – 2      Make a  $\frac{1}{4}$  turn left stepping right to the right, hold for 1 count.
- & 3 – 4      Step left next to right, step right to the right, touch left next to right.
- 5 – 6      Make a  $\frac{1}{4}$  turn right stepping left to the left, hold for 1 count.
- & 7 – 8      Step right next to left, step left to the left, touch right next to left. (3 o'clock)

**SIDE ROCK. TOGETHER, SIDE ROCK. BEHIND, SIDE. CROSS SHUFFLE.**

- 1 – 2      Rock right to the right, recover onto left.
- & 3 – 4      Step right next to left, rock left to the left, recover onto right.
- 5 – 6      Cross step left behind right, step right to the right.
- 7 & 8      Cross step left over right, close right up to left, cross step left over right. (3 o'clock)

**End of Dance. Start again and Enjoy!**

**TAG 1: Danced at the end of Walls 2, 5 and 8 facing 6, 6 and 3 o'clock respectively.**

- 1 – 8      Make a full turn right as you walk around in a circle; right, left, right, left, right, left, right, left.

**NOTE One way to remember when to do this TAG is to listen out for the loud "HEY" which is sung on Count 8 just before the TAG.**

**TAG 2: Danced at the end of Wall 3 facing 9 o'clock.**

- 1 – 4      Repeat the first 4 counts of the dance.
- 5 – 8      [Jazz Box  $\frac{1}{4}$  Turn Right] Cross step right over left, step back with left, make a  $\frac{1}{4}$  turn right stepping right to the right, cross step left over right.

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