

Dancefloor Disco

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Robert Lindsay (UK) - May 2011
音乐: Kom - Jessica Andersson



Start dance on main vocals.

[1-8] Step, Hold, Cross Shuffle, Rock, Recover, Behind, Side ¼ Turn

1-2 Step right to right side. Hold.
3&4 Cross left over in front of right. Step right beside left. Cross left over in front of right.
5-6 Rock right to right side. Recover weight onto left.
7&8 Step right behind left. Step left to left. Turning ¼ turn left, step right foot forward.

[9-16] Heel Switches (L R, L), Hitch, Forward Shuffle, Rock, Recover.

1&2 Touch left heel forward. Step left beside right. Touch right heel forward.
&3-4 Step right beside left. Touch left heel forward. Hitch left.
5&6 Step forward left. Step right beside left. Step forward left
7-8 Rock forward on right. Recover weight onto left

[17-24] Shuffle Back, Touch, Unwind, Shuffle Forward. Step Pivot ¼ Turn

1&2 Step back right. Step left beside right. Step back right.
3-4 Touch left foot behind right heel. Unwind ½ turn left, keeping the weight on left.
5&6 Step forward right. Step left beside right. Step forward right.
7-8 Step forward left. Pivot ¼ right.

[25-32] Cross Side, Behind, Side, Cross. Toe Switches (R, L, R), Flick Right

1-2 Step left over in front of right. Step right to right.
3&4 Step left behind right. Step right to right. Step left over right.
5&6 Touch right toe to right. Step right beside left. Touch left toe to left.
&7-8 Step left beside right. Touch right toe to right side. Flick right foot.

[33-40] Modified Monterey ½ Turn, Rock & Cross, Right Side Shuffle, Cross Shuffle

1-2 Point right toe out to right side. Turning ½ turn right step right beside left.
3&4 Rock left to left side. Recover weight onto right. Step left across in front of right.
5&6 Step right to right. Step left beside right. Step right to right.
7&8 Cross left over right. Step right beside left. Cross left over right.

[41-48] Rock, Recover, Coaster Step, Rock, Recover, Chasse ¼ Left

1-2 Rock Right diagonally right. Recover weight onto left.
3&4 Step back on right. Step left beside right. Step forward on right.
5-6 Cross rock left over right. Recover weight onto right.
7&8 Step left to left. Step right beside left. Turning ¼ turn left, step left forward.

[49-56] Full Turn, Shuffle Forward. Step Pivot ½ Turn Right, Shuffle Forward

1-2 Turning ½ turn left, step back on right. Turning ½ turn left, step forward on left.
3&4 Step right forward. Step left beside right. Step right forward.
5-6 Step forward left. Pivot ½ turn right.
7&8 Step forward left. Step right beside left. Step forward left.

[57-64] Rock, Recover, Coaster Step x 2 (Right & Left)

1-2 Rock forward on right. Recover weight onto left.
3&4 Step back on right. Step left beside right. Step forward on right.

5-6 Rock forward on left. Recover weight onto right.
7&8 Step back on left. Step right beside left. Step forward left

TAG 1 At the end of wall 2

1-2 Cross right over left. Recover weight onto left.
3&4 Step right to right. Step left beside right. Step right to right.
5-6 Cross left over right. Recover weight onto right.
7&8 Step left to left. Step right beside left. Step left to left.

TAG 2 At the end of wall 4 bump hips right, left, right, left.

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