

Llorando Se Fue

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Beginner
编舞者: Roly Ansano (USA) - May 2011
音乐: Lambada (Llorando Se Fue) - Wilkins



Intro: 8 count

SIDE-CLOSE-SIDE-CLOSE-ROCK-AND-STEP-BACK-ROCK TWICE

1-4 Step R to side, step L together, step R to side, step L together
5&6 Rock R to side, recover to L, step R in place
7-8 Rock L slightly behind R, recover to R
9-16 Repeat 1-8 with opposite footwork and direction

OUT-OUT, 1/4 RIGHT, IN-IN, OUT-OUT, IN-IN

1-2 Step R forward and to right, step L forward and to left
3-4 Step R back and turn 1/4 right, step L together
5-6 Repeat 1-2
7-8 Step R back, step L back

KICK-ROCK-RECOVER TWICE, 1/4 RIGHT, KICK-ROCK-RECOVER TWICE

1 Angled to right, low kick R forward and step R toe slightly back
&2 Rock L in place, recover to R
3 Angled to left, low kick L forward and step L toe slightly back
&4 Rock R in place, recover to L
5&6 Turn 1/4 right and repeat 1&2
7&8 Repeat 3&4

SKATES-ROCK-AND-STEP-BACK-ROCK TWICE

1-4 Moving diagonally right, skate forward R,L,R,L
5&6 Rock R forward, recover to L, step R in place
7-8 Square up front and rock L slightly behind R, recover to R
9-16 Repeat 1-8 with opposite footwork and direction

HIP-AND-HIP TWICE, 1/4 RIGHT, HIP-AND-HIP TWICE

1&2 Step R to side bumping hips right,left,right
3&4 Step L to side bumping hips left,right,left
5&6 Turn 1/4 right and repeat 1&2
7&8 Repeat 3&4

REPEAT

RESTART: On Wall 4 dance to count 48, turn 1/4 right and restart

ENDING:

**On Wall 8 dance to count 12. Turn 1/4 left to face front and continue counts 13-16.
Repeat counts 1-8 as music fades out. Pose.**