

# Forever In My Heart

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Joenan (AUS) - May 2011  
音乐: In My Heart Forever - Group NME



Count in: 36 count

## Side, Nightclub, Nightclub, Rock, Recover, Shuffle Forward

1            Step R to right side  
2&3        Rock L behind R, recover onto R, step L to left side  
4&5        Rock R behind L, recover onto L. step R to right side  
6-7        Rock back on L, recover on R  
8&1        Shuffle forward on L, R, L (12:00)

## Sways, Forward Mambo, Touch, Unwind $\frac{3}{4}$ Turn Right, Chasse Left

2&3        Step forward on R and sway hips forward, back, forward  
4&5        Rock forward on L, recover onto R, step back on L  
6-7        Touch R behind L, unwind  $\frac{3}{4}$  turn right (wt ends on R)  
8&1        Chasse left on L, R, L (9:00)

## Rock, Recover, Point, Sailor $\frac{1}{4}$ Turn Right, Rock, Recover, Run Back

2&3        Rock back on R, recover on L, point R to right side  
4&5        Step R behind L, turning  $\frac{1}{4}$  turn right step forward on L, step forward on R  
6-7        Rock forward on L, recover on R  
8&1        Run back on L, R, L (12:00)

## Rock, Recover $\frac{1}{4}$ Turn Left, Step Right, Behind Side Cross, Sways, Chasse Right

2&3        Rock back on R, recover on L turning  $\frac{1}{4}$  turn left, step R to right side  
4&5        Step L behind R, step R to right side, cross step L over R  
6-7        Step R to right side and sway right, sway left  
8&1        Chasse right on R, L, R (9:00)

Start Again

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