

Bahama Mama

COPPER **KNOB**
BY STEPHEN T. S.

拍数: 40 墙数: 4 级数: High Beginner
编舞者: Ira Weisburd (USA) - 1985
音乐: Bahama Mama - Boney M.



Introduction: 64 counts. Starts on the vocal approx. 29 sec. into the song.

PART I. POINT R TOE FORWARD, STEP R IN PLACE; POINT L TOE FORWARD, STEP L IN PLACE; POINT R TOE TO R SIDE, STEP R IN PLACE; POINT L TOE TO L SIDE, STEP L IN PLACE.

1-2 Point R toe forward, Step-close R beside L
3-4 Point L toe forward, Step-close L beside R
5-6 Point R toe to R side, Step-close R beside L
7-8 Point L toe to L side, Step-close L beside R

PART II. FORWARD LOCK STEP WITH R, FORWARD LOCK STEP WITH L, VINE 2 TO R, MAKE ½ TURN R.

1&2 Step R forward, Lock-step with L behind R, Step forward on R
3&4 Step L forward, Lock-step with R behind L, Step forward on L
5-6 Step R to R, Step back with L
7-8 Make ¼ R turn with R, Make another ¼ turn R with L (face 6:00 wall)

PART III. STEP R BEHIND L, STEP L TO L, KICK BALL-CHANGE WITH R (3 times)

1-2 Step R behind L, Step L to L
3&4 Kick R forward, Step on ball of R beside L, Step in place on L
5&6 Kick R forward, Step on ball of R beside L, Step in place on L
7&8 Kick R forward, Step on ball of R beside L, Step in place on L

PART IV. MAKE FULL TURN R (R,L,R), CLAP HANDS; MAKE FULL TURN L (L,R,L), CLAP HANDS.

1-4 Make a full turn R in 3 steps (R,L,R), Clap hands
5-8 Make a full turn L in 3 steps (L,R,L), Clap hands

PART V. BUS STOP FIGURE (POINT R FORWARD, POINT R BACK, MAKE ¼ TURN R ON R, POINT L TO L, STEP L ACROSS R, POINT R TO R, STEP R BACK, STEPCLOSE L TO R.

1-2 Point R toe forward, Point R toe back
3-4 Make ¼ turn R with R, Point L to L
5-6 Step L across R, Point R to R
7-8 Step R back, Step-close L beside R

BEGIN DANCE.

Contact: dancewithira@comcast.net