Show Me The Burlesque



拍数: 64 墙数: 4 级数: Intermediate 编舞者: Sebastiaan Holtland (NL) - May 2011 音乐: Welcome To Burlesque (GFG Remix) - Cher: (Album: The Remixes) 32 count intro (15 Sec) - Sequence 64; 64; 64; 64; 64; ending Sec 1: [1-8] Walk, 1/4 Turn L, Side, Heel Grind 1/4 Turn R, Back Rock / Recover, Full Turn L Stepping back on Rf, turn 1/4 left (9) step Lf to the left weight onto Lf 1-2 3-4 Heel grind with Rf (toes from left to right) turn 1/4 to right (12), step Lf back weight onto Lf 5-6 Rock back on Rf, recover on Lf 7-8 Turn 1/2 left (6) step back on Rf, turn 1/2 left (12) step forward on Lf weight onto Lf (Full Turn Sec 2: [9-16] Fwd Rock / Recover, 1/4 Turn R, Jump Both Feet Apart, Hold, Together, 1/4 Turn R, Back Rock / Recover, Walks Fwd L-R 1-2 Rock forward on Rf, recover on Lf (12:00) Turn 1/4 right (3) jump both feet apart (&3) take weight onto both feet, HOLD &3-4 &5-6 Step Rf beside Lf, turn 1/4 right (6) rock back on Lf, recover on Rf 7-8 Stepping forward on Lf, stepping forward on Rf weight onto Lf (6:00) (Walks Fwd L-R) Sec 3: [17-24] Cross, 1/4 Turn L, Back, Side, Together, Point, 1/2 Turn L, Hitch, Side Rock / Recover 1-2 Cross Lf over Rf, turn 1/4 left (3) step back on Rf weight onto Rf 3-4 Step Lf to the left, step Rf next to Lf weight onto both feet (3:00) 5-6 Point Lf out to the left, turn 1/2 left on Rf (9) hitch L knee up holding weight onto Rf 7-8 Rock Lf to the left, recover on Rf weight onto Rf (9:00) Sec 4: [25-32] Cross, Back, Side, Tog, Point, 1/2 Turn R, Hitch, Side Rock / Recover Cross Lf over Rf, step back on Rf weight onto Rf (9:00) 1-2 3-4 Step Lf to the left, tog Rf next to Lf holding weight onto Lf 5-6 Point Rf out to the right, turn 1/2 right on Lf (3) hitch R knee up holding weight onto Lf 7-8 Rock Rf to the right, recover on Lf weight onto Lf (3:00) Sec 5: [33-40] Step, Lock, Step, Together, 1/4 Turn R, Fwd, Hitch, Back, Together 1-2 Step Forward on Rf, lock Lf behind Rf (3:00) 3-4 Step forward on Rf, step Lf next to Rf take weight onto both feet 5-6 Turn 1/4 right (6) step forward on Rf, hitching L knee up holding weight onto Rf 7-8 Step Lf back, step Rf next to Lf take weight onto both feet (6:00) Sec 6: [41-48] Heel Grind 1/4 Turn R, Back Rock, 3/4 Turn L, Side, Cross Rock / Recover 1-2 Heel grind with Rf (toes from left to right) turn 1/4 to right (9), step Lf back weight onto Lf 3-4 Rock back on Rf, recover on Lf 5-6 Turn 1/2 left (3) step back on Rf, turn 1/4 left (12) step Lf to the left weight onto Lf 7-8 Cross rock forward on Rf, recover on Lf Sec 7: [49-56] & Cross, Hold, & Cross, Hold, Syncopated Hip Bumps R-L-R-L &1-2 Step Rf slightly to the right, cross Lf over Rf, Hold (12:00) &3-4 Step Rf slightly to the right, cross Lf over Rf, Hold

Sec 8: [57-64] Back, Point, Together, Hitch, 1/4 Turn L, Back Rock / Recover, Step, Together

Step Rf to the right bump R hip to right, bump L hip to left, bump R hip to right, bump L hip to

1-2 Step Rf back, point Lf out to left holding weight onto Rf (12:00)

left take weight onto Lf (12:00)

5-8

3-4	Step Lf next to Rf, hitching R knee up holding weight onto Lf
5-6	Turn 1/4 left (9) rock back on Rf, recover on Lf weight onto Lf
7-8	Step forward on Rf, step Lf next to Rf take weight on both feet (9:00)

Start Again, Enjoy!

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