

# The Lazy Dance

COPPER KNOB  
BY STEPHEN HETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Heidi Van Sinten (NL) - May 2011  
音乐: The Lazy Song (Whistle Version Radio Edit) - Bruno Mars



**Intro: 32 counts (start on the beat of the music)**

**Side touch, Flick, Cross, Side rock, Cross, 2x 1/4 turn left, Mambo step, Together**

1&2            RF touch right, RF flick to right side, RF cross over LF  
3&4            LF rock to the side, weight back on RF, LF cross over RF [12]  
5-6            turn 1/4 left step RF back, turn 1/4 left step LF to the side  
7&8&          RF rock forward, weight back on LF, RF step back, LF step next to RF [ 6]

**Walk R, Walk L, Shuffle forward, 2x 1/4 turn right, Shuffle forward, Scuff**

1-2            RF step forward, LF step forward  
3&4            RF step forward, LF step next to RF, RF step forward [6]  
5-6            turn 1/4 right step LF back, turn 1/4 right step RF forward  
7&8&          LF step forward, RF step next to LF, LF step forward, RF scuff forward [12]

**R Side, Touch, L Side, Touch, R Side, Back rock, L Side, Touch, R Side, Touch, L Side, Behind, Side**

1&2&          RF step to the side, LF touch next to RF, LF step to the side, RF touch next to LF  
3-4&          RF big step to the side, LF rock behind RF, weight back on RF [12]  
5&6&          LF step to the side, RF touch next to LF, RF step to the side, LF touch next to RF  
7-8&          LF big step to the side, RF cross behind LF, LF step to the side [12]

**Cross shuffle, 1/4 turn right shuffle forward, Side, Touch, Side, Together, Side touch, Together**

1&2            RF cross over LF, LF step to the side, RF cross over LF  
3&4            turn 1/4 right step LF forward, RF step next to LF, LF step forward [3]  
5-6            RF big step to the side, LF touch next to RV  
7&8&          LF step to the side, RF step next to LF, LF touch to the side, LF step next to RF [3]

**End Of Dance, Start Again...**

**No Tags, No Restarts !!**

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