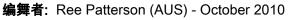
Today I'm Gonna Try and Change The World

COPPERKKO

拍数: 64

级数: Improver



音乐: Today I'm Gonna Try and Change the World - Johnny Reid : (Album: A Place In The Heart)

Original Position: Weight On Left - This dance is done in FOUR directions. Start on the word "Today"

墙数: 4

Slow Coaster, Hold, Slow Coaster Cross, Hold

- Coaster: Step R Fwd, Step L Together, Step R Back, Hold 1.2.3.4
- 5, 6, 7, 8 Coaster Cross: Step L Back, Step R Together, Cross L Over R, Hold

Front, Side, Cross, Hold, Behind, 1/4 Turn, Step Fwd, Hold

- 1, 2, 3, 4 Sweep Right - Cross R In Front Of L, Step L To L Side, Step R Behind L, Hold
- Sweep Left Cross L Behind R, Step R 1/4 Turn R, Step L Fwd, Hold 5, 6, 7, 8

Rock Fwd, Rock Back, 1/2 Turn R, Hold, 1/2 Turn R, 1/2 Turn R, Step L Fwd, Hold

- 1, 2, 3, 4 Rock Fwd On R, Rock Back On L, 1/2 Turn R Stepping Fwd On R, Hold
- Step L Back 1/2 Turn R, Step R Fwd 1/2 Turn R, Step L Fwd, Hold 5, 6, 7, 8

Step R Fwd, 1/4 Turn L, Cross R Over L, Hold, 1/4 Turn R, 1/2 Turn R, Step L Fwd, Hold

- 1, 2, 3, 4 Step R Fwd, Step L 1/4 Turn L, Cross R Over L, Hold
- Step L Back 1/4 Turn R, Step R Fwd 1/2 Turn R, Step L Fwd, Hold 5, 6, 7, 8

Step, Lock, Step, Hold, Step, Lock, Step, Hold

- Step R Fwd, Lock L Behind R, Step R Fwd, Hold 1, 2, 3, 4
- 5, 6, 7, 8 Step L Fwd, Lock R Behind L, Step L Fwd, Hold

Slow Coaster, Hold, Back, Lock, Back, Hold

- 1, 2, 3, 4 Coaster: Step R Fwd, Step L Together, Step R Back, Hold
- 5, 6, 7, 8 Step L Back, Cross R Over L, Step L Back, Hold

Slow Sailor 1/4 Turn R, Hold, Cross, Rock, Side, Hold

- 1, 2, 3, 4 Sailor: Step R Behind L 1/4 Turn R, Step L To L Side, Step R To R Side, Hold
- 5, 6, 7, 8 Cross L Over R, Rock Back On R, Step L To L Side, Hold

Cross, Rock, 1/4 Turn R, Hold, Full Turn, Step Fwd, Hold

- Cross R Over L, Rock Back On L, Step R 1/4 Turn R, (#) Hold 1, 2, 3, 4
- 5, 6, 7, 8 Full Turn R Stepping: L-R, Step L Fwd, Hold
- 64 Repeat Dance In New Direction

RESTART: On WALL 6 dance to BEAT 59 (#) and replace HOLD (Beat 60) with STEP L FWD Restart dance facing back wall.

I first heard this song whilst in Canada in September, 2010 and was overwhelmed by the very simple but powerful message and I hope you will find this song inspiring to you. I've tried to make this dance as easy as possible to enable you to enjoy the song.

Choreographer Info: Ree Patterson, Brisbane, Qld - Ph: (07) 3822 4085

