

For All He Can

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased High Beginner
编舞者: Mary Frances Chua (MY) - January 2011
音乐: Quan Neng De Shen - Cheng Lip Kong



Sequence: Start on vocals: A B B / A B B / A A / B+ B B / A B B
32 count Intro: Double (R & L step, together, step, touch; 2X R & L step, touch)

PART A (32)

A1: Twice Toe-Strut, Forward Walk, Step-Point

1-2 R toe forward, step down on ball
3-4 L toe forward, step down on ball
5-6 Fwd walk R, L
7-8 R step fwd, L point to left side

A2: Twice Step-Kick, Walk Backward, Step-Point

1-2 L step, R kick forward
3-4 R step, L kick forward
5-6 Back step L, R
7-8 L step back, R point to right side

A3: Twice Toe touch In-Out -Step-Point

1-2 R toe touch next to left, touch at side
3-4 R step together, L point to left side
5-6 L toe touch next to right, touch at side
7-8 L step together, R point to right side

A4: Twice ¼ Right Turn Jazz Box Cross

1-2 R over L, recover on L
3-4 ¼ right turn R step, L cross over R [3]
5-6 R over L, recover on L
7-8 ¼ right turn R step, L cross over R [6]

PART B (32)

B1: Hip Bumps, ¼ Right Turn Hip Bumps

1-4 Hip bump R-L-R-L
5-8 ¼ right turn[9] hip bump R-L-R-L

B2: Double Rocking Chair

1-4 Fwd R rock, recover on L, Back R rock, recover on L
5-8 Fwd R rock, recover on L, Back R rock, recover on L

B3: Side Chasse, ¼ Right Turn Chasse

1&2 Right chasse R-L-R
3&4 Left chasse L-R-L
5&6 ¼ right turn [12], right chasse R-L-R
7&8 Left chasse L-R-L

B4: Forward Diagonal Step-Touch, Back Diagonal Step-Touch

1-2 Fwd R diagonal step, L touch beside right
3-4 Back L diagonal step, R touch beside left
5-6 Back R diagonal step, L touch beside right
7-8 Fwd L diagonal step, R touch beside left

(REPEAT Section 4 , B+ at back wall)

ENDING: Dance count 7 & 8 of last section Part B. Forward L diagonal step, drag wide step on R and pose nicely with both hands raised up!
