

Ready to Dance

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 2 级数: High Beginner / Easy Intermediate
编舞者: Jean Cain (USA) - April 2011
音乐: Dance The Night Away - Diedra : (CD: Living the Bluz)



SWAY, SWAY, RIGHT, LEFT, LINDY RIGHT, LEFT KICK BALL CROSS

1-2, 3&4 Sway right and left, triple right
5-6, 7&8 Rock back left, recover right, left kick ball cross

SWAY, SWAY, LEFT, RIGHT, LINDY LEFT, RIGHT KICK BALL CROSS

1-2, 3&4 Sway left and right, triple left
5-6, 7&8 Rock back right, recover left, right kick ball cross

VINE 2 RIGHT, LEFT, ROCK RIGHT, RECOVER LEFT, CROSS RIGHT OVER LEFT, VINE 2 LEFT, RIGHT, STEP LEFT TO SIDE, CROSS RIGHT TOES OVER LEFT TURNING ¼ LEFT

1-2 & 3-4 Vine 2 right, left, rock right to side, recover left, cross right over left
5-6 & 7-8 Vine 2 left, right, step left to side, cross right toe over left lifting heels for ¼ left turn with weight on both feet (9:00)

STOMP LEFT, BOUNCE HEEL, STOMP RIGHT, BOUNCE HEEL, ¼ LEFT TURNING JAZZ BOX W/CROSS

1-2 & 3-4 & Stomp left, bounce heel, bring left foot back, stomp right, bounce heel, bring right foot back
5-6-7-8 Cross left over right, step back on right, step left turning ¼ left, cross right over left (6:00)

FOUR TRIPLES WAVING ARMS OVER HEAD TURNING ¼ 3 TIMES

1&2, 3&4 Triple left waving arms to left, turn ¼ left with triple right, waving arms to right (3:00)
5&6, 7&8 ¼ Turn triple left waving arms to left, turn ¼ left with triple right, waving arms to right (9:00)

LEFT TOE BEHIND RIGHT TURNING ¼ L, CROSS CHASSE, STEP LEFT, HOLD/CLAP, STEP RIGHT, STEP LEFT WITH A RIGHT TOUCH/CLAP

1-2, 3&4 Left toe behind right turning ¼ left, right cross chasse (6:00)
5-6 & 7-8 Step left, hold with clap, step on right ball for &, step left, touch right next to left with a clap

RESTART: ON SECOND TIME AT 6:00 AFTER FIRST 16 COUNTS

Dance ends with jazz box turning from 3:00 to 12:00
