

Hard Road

拍数: 32 墙数: 4 级数: Improver / Easy Intermediate
编舞者: Yvonne Anderson (SCO) - April 2011
音乐: Hard Road - Steve Azar : (Album: Slide On Over Here)



Notes: Start on main vocal, Restart during wall 3 (facing 12 o'clock). Tag at the end of wall 6.

[1-8] FORWARD R SHUFFLE, SCISSOR STEP X 2, ½ HINGE TURN, SCUFF

1&2 Shuffle forward stepping R, L, R [12]
3&4 Step L to left, (&) Step R beside left (angling body right), Step L across right [12]
5&6 Step R to right, (&) Step L beside right (angling body left), Step R across left [12]
7&8& Make ¼ turn right stepping L back, (&) Make ¼ turn right stepping R to side, Step L forward,
(&) Scuff R heel forward [6]

[9-16] STEP-SCUFF X 2, MAMBO FORWARD, REVERSE LOCK STEP, FULL TRIPLE TURN RIGHT

1&2& Step R forward, (&) Scuff L heel forward, Step L forward (&) Scuff R heel forward [6]
3&4 Rock R forward, (&) Recover weight on L, Step R back [6]
5&6 Step L back, (&) Lock R across left, Step L back [6]
7&8 Making a full turn right (on the spot) step R, L, R [6] (easier option counts 7&8 – coaster step)

***RESTART (during wall 3, facing 12 o'clock, make the triple turn a triple turn touch) –

To make the restart easier dance through to counts 5&6 then substitute the triple turn (7&8) with a right coaster touch***

[17-24] RUMBA FORWARD, HEEL JACK AND CROSS SHUFFLE, RUMBA BACK,

1&2 Step L to left, (&) Step R beside right, Step L forward [6]
3&4 Step R across left, (&) Step L back to left diagonal, Touch R heel forward [6]
&5&6 (&) Step R back, Cross L over right, (&) Step R to right, Step L across right [6]
7&8 Step R to right, (&) Step L beside right, Step R back [6]

[25-32] SHUFFLE ¼ LEFT, STEP-½ TURN LEFT-STEP, TRIPLE TURN FORWARD, STEP-SCUFF X 2

1&2 Make a ¼ turn left and shuffle forward stepping L, R, L [9]
3&4 Step R forward, (&) Make ½ turn left taking weight on L, Step R forward [3]
5&6 Make a full turn right (travels forward) stepping L, R, L [3]
7&8& Step R forward, (&) Scuff L heel forward and clap, Step L forward, (&) Scuff R heel forward
and clap [3]

Repeat

TAG: At the end of wall 6 (facing 9 o'clock) add the following counts

CROSS STRUT, BACK STRUT, ROCK BACK-RECOVER-SCUFF

1-2 Step R toes across left, Drop R heel to floor [9]
3-4 Step L toes back, Drop L heel to floor [9]
5& Rock R back, (&) Recover weight on L and scuff right heel forward [9]

(Note: the music slows down and then picks up pace again)

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