

No Way

拍数: 32 墙数: 4 级数: Improver
编舞者: Robbie McGowan Hickie (UK) - April 2011
音乐: You Can't Do Me This Way - Mark Chesnutt : (CD: Savin' The Honky Tonk)



16 count intro.

Alternative: "Come On Over (All I Want Is You)" by Christina Aguilera (120 bpm...32 count intro) CD:"Stripped 2CD"- (Track 5) 3mins 9secs Version

Side Step Left. Behind. & Heel Jack. & Cross. 2 x 1/4 Turns Left. Right Cross Shuffle.

1 – 2 Step Left to Left side. Cross Right behind Left.
&3 Step Left to Left side and Slightly back. Dig Right heel Diagonally forward Right.
&4 Step Right back to place. Cross step Left over Right.
5 – 6 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side.
7&8 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. (Facing 6 o'clock)

Side Rock. Recover 1/4 Turn Right. Left Kick-Ball-Point. Right Hitch-Ball-Cross. Right Side Rock.

1 – 2 Rock Left out to Left side. Recover weight on Right making 1/4 turn Right.
3&4 Kick Left forward. Step ball of Left beside Right. Point Right toe out to Right side.
5&6 Hitch Right knee across Left. Step ball of Right to Right side. Cross step Left over Right.
7 – 8 Rock Right out to Right side. Recover weight on Left. (Facing 9 o'clock)

Behind & Step Forward. Left Shuffle Forward. Forward Rock. Right Coaster Cross.

1&2 Cross Right behind Left. Step Left to Left side. Step forward on Right.
3&4 Left shuffle forward stepping Left. Right. Left.
5 – 6 Rock forward on Right. Rock back on Left.
7&8 Step back on Right. Step Left beside Right. Cross step Right over Left.

Figure Eight Vine.

1 – 2 Make 1/4 turn Left stepping forward on Left. Step forward on Right.
3 – 4 Pivot 3/4 turn Left. Step Right to Right side. (Facing 9 o'clock)
5 – 6 Cross Left behind Right. Make 1/4 turn Right stepping forward on Right.
7 – 8 Step forward on Left. Pivot 3/4 turn Right. (Weight on Right) (Facing 9 o'clock)

Start Again

Contact: www.robbiemh.co.uk