

Inspiration

拍数: 32 墙数: 4 级数: Improver
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音乐: Heaven in My Woman's Eyes - Tracy Byrd : (CD: Love Lessons)



16 Count intro - (Script written as 90 bpm)

Diagonal Steps (Out-Out). Right Coaster Step. Left Shuffle Forward. Right Mambo Forward.

1 – 2 Step Right Diagonally forward Right. Step Left Diagonally forward Left. (Feet Shoulder Width Apart)
3&4 Step back on Right. Step Left beside Right. Step forward on Right.
5&6 Left shuffle forward stepping Left. Right. Left.
7&8 Rock forward on Right. Rock back on Left. Step back on Right.

2 x Walks Back. Left Sailor 1/4 Turn Left. Cross Rock & Side. Left Cross Shuffle.

1 – 2 Walk back on Left. Walk back on Right.
3&4 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step Left Diagonally forward Left.
5&6 Cross rock Right over Left. Rock back on Left. Step Right to Right side.
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 9 o'clock)

Rumba Box. 2 x Walks Forward. Step. Pivot 1/2 Turn Left. Step Forward.

1&2 Step Right to Right side. Close Left beside Right. Step back on Right.
3&4 Step Left to Left side. Close Right beside Left. Step forward on Left.
5 – 6 Walk forward on Right. Walk forward on Left.
7&8 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (Facing 3 o'clock)

Full Turn Right (Travelling Forward). Left Mambo Forward. Right Shuffle Back. Left Coaster Step.

1 – 2 Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.
3&4 Rock forward on Left. Rock back on Right. Step back on Left.
5&6 Right shuffle back stepping Right. Left. Right.
7&8 Step back on Left. Step Right beside Left. Step forward on Left. (Facing 3 o'clock)

Easier option: Counts 1 - 2 above ... Walk forward on Left. Walk forward on Right.

Start Again

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